

Senior Connections Resource Guide

For older adults, caregivers,
and their families in
PINAL and GILA counties



Pinal-Gila Council for Senior Citizens

Area Agency on Aging, Region V

8969 W McCartney Road

Casa Grande, AZ 85194

520-836-2758 or 800-293-9393

www.pgcs.org

**Pinal-Gila Council for Senior Citizens
Mission Statement**

Providing Opportunities for Seniors and Persons
with Disabilities to Achieve and Maintain
Independence and Dignity.

**Arizona Tax Credit for Qualifying
Charitable Organizations**

**Pinal-Gila Council for Senior Citizens is a
Qualifying Charitable Organization – Code 20746**

Please consider taking advantage of the Arizona tax credit. As a Qualified Charitable Organization, a donation of up to \$400 per individual (\$800 for married couples filing jointly) made to Pinal-Gila Council for Senior Citizens can be claimed as a dollar-for-dollar tax credit in your Arizona state income taxes! You can pay your income tax to the state, or you can designate part of your taxes to be spent locally by writing a check to Pinal-Gila Council for Senior Citizens. You can also donate through our website at www.pgscsc.org.

With your help, Pinal-Gila Council for Senior Citizens can provide **comfort and nourishment to help frail and isolated seniors** stay at home and live in dignity. Today, you can make a difference in the lives of our seniors who live in your community and need your help.



Senior Connections Resource Guide

For older adults, caregivers,
and their families in
Pinal and Gila counties



Pinal-Gila Council for Senior Citizens
8969 W. McCartney Road
Casa Grande, AZ 85194
(520) 836-2758 or 1 (800) 293-9393
www.pgcsc.org

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Pinal-Gila Council for Senior Citizens, Area Agency on Aging, Region V
DES, Division of Aging and Adult Services
Older Americans Act
AARP

Updated May 2020



Pinal-Gila Council for Senior Citizens

A Message for Older Adults, Caregivers and Their Families

Knowing where to look for resources to care for oneself, family members and friends can be a daunting task. Pinal-Gila Council for Senior Citizens has compiled Senior Connections Resource Guide to serve as a foundational guide in your quest for information. In addition to a listing of community resources, this guide contains an overview of Area Agencies on Aging and further information and referral resources. Also, the Appendix contains a listing of national organization websites, must-have documents for caregivers, and emergency numbers.

Pinal-Gila Council for Senior Citizens is committed to providing assistance and information, as well as continuing to advocate on your behalf. We are dedicated to our vision and mission to meet the ever changing dynamic needs of those older adults and caregivers that we are here to serve.

If you are a caregiver, you are one of over 804,000 caregivers in Arizona. If you are aged 60 or older, you are one of over 1,232,000 residents in Arizona's fastest growing age group. So please, remember that you are not alone.

We gratefully acknowledge the continued support of AARP Arizona, which also provided the initial funding for our resource guide specifically for older adults and caregivers in Pinal and Gila counties. This manual may also be found online on our website at www.pgcsc.org.

Sincerely,

A handwritten signature in black ink, appearing to read "Olivia B. Guerrero".

Olivia B. Guerrero, M.S.
President and CEO

A handwritten signature in black ink, appearing to read "Joan Koczor".

Joan Koczor
Chairwoman, Board of Directors

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The information contained in this guide is provided only as an aid in your search for needed support services, without any representation or warranty whatsoever regarding the accuracy or completeness of the information, and may or may not reflect the most current information available. Please note that users of this guide are responsible for independently verifying any and all information. Furthermore, the inclusion of links does not imply endorsement or support of any of the linked information, services, products, or providers.

Although every effort has been made to include the most current information in the printed copy, we know that things change quickly. We will be updating our online version regularly, and it can be viewed or downloaded at www.pgscsc.org/about-us/senior-resource-guide.html, or you may call the PGCSC Information and Referral line at 520-836-2758 or 800-293-9393 and speak with our Information and Referral specialist.

OVERVIEW OF AREA AGENCIES ON AGING

Pinal-Gila Council for Senior Citizens

Area Agency on Aging, Region V

8969 W. McCartney Road, Casa Grande, AZ 85194

1-800-293-9393 or (520) 836-2758

www.pgsc.org

Incorporated in 1974, Pinal-Gila Council for Senior Citizens (PGCSC) is a non-profit organization designated as the Area Agency on Aging for Region V, which encompasses Pinal and Gila counties. PGCSC's mission is to assist seniors and persons with disabilities in Region V achieve and maintain self-sufficiency with dignity, and offer choices of appropriate care by providing a wide range of community and home based services. PGCSC also represents the interests of the elderly and acts to advocate for change in public and private attitudes, policies, and regulations.

PGCSC provides a wide variety of services for seniors, persons with disabilities, and caregivers. These services are offered directly or through a network of provider agencies. PGCSC services include, but are not limited to, the following:

- Information, Referral and Assistance
- Aging, Disability and Caregiver Support Resources
- Benefits, Entitlements and Advocacy – State Health Insurance Assistance Program (SHIP), Ombudsman Program (Nursing Home Advocacy), and Senior Medicare Patrol (Medicare/Medicaid fraud and abuse)
- Independent Living Services – Caregiver Support Services, Health Promotion, and Drug and Alcohol Prevention Services
- Home Care – Housekeeping, Personal, Attendant and Respite Care
- Case Management
- Meals On Wheels – Home Delivered Meals
- Legal Services and Legal Help Line
- Mature Work Force Development (Senior Employment Training Program)
- Multipurpose Senior Centers – Social, Nutritional, Wellness Support and Transportation
- Santa Cruz Village Apartments – a HUD 202/Section 8 low income independent living apartment complex (for seniors & persons with disabilities)
- Aging Care Essentials (Care Options Planning)
- Mobility Management – Transportation Coordination and Senior Rides Transit Program Training
- Volunteer Services and Opportunities for Placement

Pinal-Gila Council's Senior Foundation

The Pinal-Gila Council's Senior Foundation was incorporated in 2004. Its purpose is to perform the charitable functions of PGCSC. The Foundation is governed by a board of directors composed of concerned community members who endeavor on behalf of seniors and persons with disabilities.

The Pinal-Gila Council's Senior Foundation has partnered with PGCSC to help with the crisis of senior hunger in our communities. The goal of this effort is to ensure that every senior who needs a meal gets a meal. The Meals On Wheels program provides home delivered meals to homebound elderly adults and persons with disabilities who are at risk of losing their independence due to poor nutrition and support.

If you are interested in helping seniors and persons with disabilities that are homebound and in need of home delivered meals, please contact the Foundation and join them in their efforts to reduce senior hunger.

www.pgcs.org 520-836-2758/800-293-9393.

Area Agencies on Aging

Pinal-Gila Council for Senior Citizens is one of eight Area Agencies on Aging throughout the State of Arizona. These are organizations which administer, coordinate and offer a variety of services for adults aged 60 and over, adults with disabilities, and those who care for older adults. Area Agencies provide some services directly, and others are provided by their contracted agencies. The focus of services offered is to help older adults continue to live independently in their own homes.

Services and programs vary by agency but most Area Agencies provide:

- **Information and Referral Help**
 - Special telephone help lines for seniors
 - Health insurance counseling
 - Caregiver support
 - Case management
- **Community Based Services**
 - Meals served at nutrition sites and senior centers
 - Volunteer placement
 - Older worker employment training and assistance
 - Recreation and socialization at senior centers
 - Grandparents raising grandchildren support
 - Transportation assistance
- **In-Home Services**
 - Home delivered meals
 - Housekeeping services
 - Telephone reassurance
 - Personal care services
 - Respite care
- **Housing Services**
 - Referrals to senior housing
 - Help with minor home repairs
- **Protecting Older Adult Rights and Advocacy**
 - Legal assistance
 - Elder abuse prevention
 - Ombudsman assistance for long-term care patients
 - Advocacy for Seniors on aging issues and policies

Arizona Area Agencies on Aging

Area Agency on Aging, Region I

1366 E. Thomas Rd., Ste. 108

Phoenix, AZ 85014

602-264-2255 (Business)

1-888-783-7500 (Help Line)

www.aaaphx.org

(Serves Maricopa County)

Area Agency on Aging, Region II

Pima Council on Aging
8467 E. Broadway Blvd.
Tucson, AZ 85710
520-790-0504 (Business)
520-790-7262 (Help Line)
www.pcoa.org
(Serves Pima County)

Area Agency on Aging, Region III

Northern Arizona Council of Governments
323 N. San Francisco St., Ste 200
Flagstaff, AZ 86001
1-877-521-3500
www.nacog.org/aging
(Serves Apache, Coconino, Navajo and Yavapai counties)

Area Agency on Aging, Region IV

Western Arizona Council of Governments
1235 E. Redondo Center Cir.
Yuma, AZ 85365
928-782-1886
https://www.wacog.com/senior_services.html
(Serves Yuma, La Paz, and Mohave counties)

Area Agency on Aging, Region V

Pinal-Gila Council for Senior Citizens
8969 W. McCartney Rd.
Casa Grande, AZ 85194
520-836-2758 or 1-800-293-9393
www.pgcsc.org
(Serves Pinal and Gila counties)

Area Agency on Aging, Region VI

SouthEastern Arizona Governments Organization
300 Collins Rd.
Bisbee, AZ 85603
520-432-5301
www.seago.org
(Serves Cochise, Graham, Greenlee, and Santa Cruz counties)

Area Agency on Aging, Region VII

Navajo Area Agency on Aging
P O Box 1390
Window Rock, AZ 86515
928-729-4520
www.naaa.navajo-nsn.gov
(Serves elders living on the Navajo Nation)

Area Agency on Aging, Region VIII

Inter Tribal Council of Arizona, Inc.
2214 N. Central Ave., Ste. 100
Phoenix, AZ 85004
602-258-4822
www.itcaonline.com
(Senior services for American Indian elders 60 and over in Arizona)

ARIZONA ASSOCIATION OF AREA AGENCIES ON AGING—AZ4A

AZ4A is a statewide network of seven regional agencies that address the needs of seniors and individuals with disabilities, as well as their families and caregivers.

<https://az4a.org>

NATIONAL ASSOCIATION OF AREA AGENCIES ON AGING—n4a

N4a is a membership association representing America's national network of 622 Area Agencies on Aging (AAAs).

202.872.0888

www.n4a.org

ELDERCARE LOCATOR

To locate Area Agency on Aging Programs in other states

1-800-677-1116

www.eldercare.acl.gov

Arizona Dept. of Economic Security, Division of Aging and Adult Services

The Division of Aging and Adult Services (DAAS), within the Arizona Department of Economic Security, is Arizona's designated State Unit on Aging. The Older Americans Act provides the unit with its authority. The unit works closely with all of the eight designated Area Agencies on Aging in the state, advocates for at-risk and older persons, and develops and implements a comprehensive service delivery system statewide.

Some of the major initiatives of the Division of Aging and Adult Services are:

- Operating a Central Intake line for Adult Protective Services
- Development of a system of Direct Care Workforce Initiatives to prepare for the state's need for more trained direct care workers
- Working closely with the Governor's Advisory Council on Aging
- Administering various programs for aging, including the state Long-Term Care Ombudsman Program, the Family Caregiver Support Program, the Mature Worker Program, the Foster Grandparent Program, Adult Protective Services, the Medicare Patrol Project, and the State Health Insurance Assistance Program.

Division of Aging and Adult Services 602-542-4446

State Health Insurance Assistance Program (SHIP) 1-800-432-4040

Adult Abuse Hotline 1-877-767-2385

Mailing Address:

Department of Economic Security

Division of Aging and Adult Services

1789 W. Jefferson St. (Site Code 950A)

Phoenix, AZ 85007

Administration for Community Living (ACL)

Administration on Aging (AOA) and Disability Networks

www.acl.gov

INFORMATION AND REFERRAL RESOURCES

There are many agencies and programs not listed in this guide that may be able to help you. If you have not found the services you need in this guide, you may contact the more comprehensive community information and referral resources listed on the next page.

Pinal and Gila Counties

Pinal-Gila Council for Senior Citizens
8969 W. McCartney Rd.
Casa Grande, AZ 85194-7432
520-836-2758
Toll free: 800-293-9393
www.pgcsc.org

Statewide

2-1-1 Arizona (Community Information and Referral Services)
Phone: 2-1-1 within Arizona
Toll-free: 877-211-8661 from anywhere
www.211Arizona.org

Arizona Self Help (Online program eligibility screening)
www.ArizonaSelfHelp.org

AzLinks.gov (Offers assistance and information on aging and disability)
Caregiver Resource Line: 1-888-737-7494
www.AzLinks.gov

Arizona Community Action Association (Wildfire)
People's Information Guide
Phone: 602-604-0640
<https://wildfireaz.org/find-help/peoples-information-guide>

Pinal County

3-1-1 Pinal County's Citizen Call Center
Access local government services and information within Pinal County

First Things First
Pinal Family Resource Guide
<https://files.firstthingsfirst.org/regions/Publications/PECC%20-%202018%20-%20Resource%20Guide.pdf>

CG HELPS Resource Center (Resources for the Homeless)
350 E. 6th St.
Casa Grande, AZ 85122
520-836-0736

National Information and Support

AARP is a nonprofit, nonpartisan organization, with a membership of nearly 38 million. It works to strengthen communities and promote the issues that matter most to families

such as healthcare security, financial security and personal fulfillment. AARP also advocates for individuals in the marketplace by selecting products and services of high quality and value to carry the AARP name. Examples of programs that can be accessed through AARP are: free income tax preparation, driver safety courses, money management programs, family caregiving resources, and local business discounts and offers.

AARP in Arizona
Toll-free: 866-389-5649
To Join: 800-566-0242
www.aarp.org

COMMUNITY RESOURCES

Abuse of the Elderly

Elder abuse, neglect, and exploitation are problems among older adults. If you are concerned that you or someone you know is a victim of abuse or is being taken advantage of, call the number below or report online.

Adult Protective Services Adult Abuse Hotline

Report abuse by phone: 1-877-767-2385 (Mon-Fri 7am to 7pm;
Sat, Sun, & state holidays 10am to 6pm)
Report abuse online: www.azdes.gov (24/7)

In the event of an emergency related to elder abuse, call 911 or your local law enforcement agency.

Abuse of Children

A report of suspected child abuse, neglect, exploitation or abandonment is a responsible attempt to protect a child. Arizona law requires certain persons who suspect that a child has received non-accidental injury or has been neglected to report their concerns to DCS or local law enforcement.

Arizona Department of Child Safety
Arizona Child Abuse Hotline
888-SOS-CHILD (888-767-2445)
<https://dcs.az.gov/report-child-abuse>

Prevent Child Abuse Arizona
3298 Bob Dr.
Prescott Valley, AZ 86314
928-445-5038
www.pcaaz.org

Adaptive Aids

Adaptive aids are sometimes called “durable medical equipment.” These items are designed to help elderly and physically disabled persons with the tasks of daily living. They are often expensive and rarely available for loan. Some medical insurance plans cover the purchase or rental of adaptive aids and equipment. Check with your local insurance provider for details.

Statewide

Active Forever
1-800-377-8033
www.activeforever.com

Arizona Technology Access Program (AZTAP)
Northern Arizona University
300 W. Clarendon Ave., Ste. 475
Phoenix, AZ 85013
602-728-9534 or 1-800-477-9921
<http://aztap.org>

Arizona Statewide Independent Living Council
PO Box 46354
Phoenix, AZ 85063
602-262-2900
www.azsilc.org

Arizona Commission for the Deaf & for the Hard of Hearing
Arizona Telecommunication Equipment Distribution Program
100 N. 15th Ave., Ste. 104
Phoenix, AZ 85007
602-542-1124
1-866-223-3412
www.acdhh.org

Disability Products
Mesa, AZ
480-220-1739
www.disabilityproducts.com

Gila County

American Homepatient
1100 N. Broad St., Ste. E
Globe, AZ 85501
928-425-5795

Pinal County

RTA Home Care
1275 E. Florence Blvd., Ste. 4
Casa Grande, AZ 85122
520-836-9300

Advisory and Advocacy Groups

Advisory groups explore public issues and make recommendations to lawmakers and regulators that they think are in the best interests of the community. Many groups focus on older adults and persons with disabilities.

AARP Arizona
16165 N. 83rd Ave., Ste. 201
Peoria, AZ 85382
866-389-5649
www.aarp.org

Alzheimer's Association
Desert Southwest Chapter
1028 E. McDowell Rd.
Phoenix, AZ 85006
602-528-0545 or 24-hour helpline: 800-272-3900
www.alz.org/dsw

Governor's Advisory Council on Aging
1700 W. Washington St., Ste. 240
Phoenix, AZ 85007
602-542-4710
<http://govtrans.az.gov/gaca>

Pinal-Gila Council for Senior Citizens
8969 W. McCartney Rd.
Casa Grande, AZ 85194
520-836-2758 - Toll-free: 800-293-9393
www.pgscsc.org

Alcohol and Substance Abuse

Alcohol and substance abuse are problems that many seniors and physically disabled adults are challenged with. Sometimes older adults abuse substances to deal with change or loneliness. Sometimes older adults mix alcohol with their prescription medications, causing even bigger problems which cannot be resolved without help from outside the family. (Also see [alcohol and narcotics support groups](#))

Narcotics Anonymous
To determine times and locations of local Narcotics Anonymous meetings.
Help line: 520- 426-0121
<http://www.arizona-na.org/meetings/southcentral.php>

Gila County

Health Choice Integrated Care
Member Service: 800-640-2123
Crisis Line: 877-756-4090

Horizon Health and Wellness
415 W. Baseline Spur
Globe, AZ 85501
928-402-9297
www.hhwaz.org

Southwest Behavioral & Health Services
404 W. Aero Drive
Payson, AZ 85541
928-474-3303
Crisis Line: 800-631-1314
www.sbhservices.org

San Carlos Apache Healthcare
103 Medicine Way Rd.
Peridot, AZ 85542
928-475-1400
www.scahealth.org

Pinal County

Arizona Complete Health
Behavioral Health Crisis Line (available 24/7):
866-495-6735
www.azcompletehealthcom

Arizona Treatment Institute
1927 N. Trekell Rd., Ste D
Casa Grande, AZ 85122
520-836-9788

www.drug-rehab-headquarters.com/arizona/facility/arizona-treatment-institute-llc-casa-grande

Helping Associates, Inc.
1901 N. Trekell Rd., Ste A
Casa Grande, AZ 81222
520-836-1029
www.helpingassociates.com

Horizon Health and Wellness Centers:

Centers located in Apache Junction, Casa Grande, Florence, Kearny, Oracle, and Queen Creek. Call or go to the Horizon Health and Wellness website for more information.

480-983-0065

www.hhwaz.org

Nazcare (Rising Star Wellness Center)

879 N. Plaza Dr., #101-E
Apache Junction, AZ 85120
480-982-1514

www.nazcare.org

Pinal Hispanic Council

107 E. 4th St.
Eloy, AZ 85131
520-466-7765

www.pinalhispaniccouncil.org

The River Source

16286 S. Sunland Gin Rd. (not a mailing address)
Arizona City, AZ 85123
866-547-8239

www.theriversource.org

Alzheimer's and Memory Disorders

Memory disorders clinics can assist people who seem to be having problems with their memory or their ability to think. Clinics provide assessment, diagnosis, and a treatment plan. Appropriate care options may be explored in addition to providing caregiver support resources. (Also see [Alzheimer's/dementia support groups](#))

Banner Alzheimer's Institute

901 E. Willetta St.
Phoenix, AZ 85006
602-839-6900

www.banneralz.org

Barrow Neurological Institute

350 W. Thomas Road
Phoenix, AZ 85013
800-227-7691

<https://www.barrowneuro.org>

Mayo Clinic Arizona

Appointment Number: 800-446-2279

www.mayoclinic.org

For psychiatric emergencies, call

Arizona Complete Health – Pinal County
Behavioral Health Crisis Line (available 24/7): 866-495-6735
www.azcompletehealth.com

Health Choice Integrated Care – Gila County
Member Service: 800-640-2123
Crisis Line: 877-756-4090
www.healthchoiceaz.com

St. Luke's Medical Center Generations Program/Phoenix
602-251-8535
www.stlukesbehavioralhealth.org

Arizona Legislative Contact Information

Arizona State Senate
1700 W. Washington
Phoenix, AZ 85007-2890
602-926-3559 or 800-352-8404
www.azsenate.gov

Arizona House of Representatives
1700 W. Washington
Phoenix, AZ 85007-2890
602-926-3032 or 800-352-8404
www.azhouse.gov

Arizona Long Term Care System (ALTCS)

The Arizona Long Term Care System (ALTCS) provides care and services for eligible individuals who are elderly and/or those with physical or developmental disabilities. ALTCS provides institutional care and home and community based services to recipients who have been determined to be at risk of institutionalization. ALTCS is part of the Arizona Health Care Cost Containment System (AHCCCS), which is Arizona's Medicaid agency. AHCCCS offers health care programs to serve Arizona residents. Individuals must meet certain income and other requirements to obtain services.

ALTCS Call Center: 1-888-621-6880
www.azahcccs.gov

Pinal County

Casa Grande ALTCS Office
201 E. Cottonwood Ln., Ste. 2
Casa Grande, AZ 85122
520-421-1500
1-855-277-0260

Assisted Living and Skilled Nursing Facilities
Licensed through the Arizona Department of Health Services
(Subject to change – check website for current listing:
<https://azdhs.gov/licensing/index.php#databases>

Gila County

AC Assisted Living
320 E. Oak St.
Globe, AZ 85501
928-793-4959

AC Assisted Living 2
410 W. Euclid Ave.
Globe, AZ 85501
928-793-4850

AC Assisted Living 3
2101 E. Ash St.
Globe, AZ 85501
928-793-4162

Faubush Family Homes
7760 S. Six Shooter Canyon Rd.
& 300 E. Hunter Dr.
Globe, AZ 85501
928-961-4828

Frontier House
906 E. Frontier St.
Payson, AZ 85541
928-468-2461

Haven of Globe (Skilled Nursing Facility)
1100 Monroe St.
Globe, AZ 85501
928-425-5721

Heritage Health Care Center (Skilled Nursing Facility)
1300 South St.
Globe, AZ 85501
928-425-3118

Houston Creek Assisted Living
210 S. Houston Creek Cir.
Star Valley, AZ 85541
928-478-6943

Ordinary Lifestyles (4 Locations)
401 N. Laredo Ln.
Payson, AZ 85541
928-595-2068

Payson Care Center (Skilled Nursing Facility)
107 E. Lone Pine Dr.
Payson, AZ 85541
928-474-6896

Powell Place (Assisted Living Center)
806 W. Longhorn Rd.
Payson, AZ 85541
928- 474-6249

Rim Country Health & Retirement Community (Skilled Nursing Facility)
807 W. Longhorn Rd.
Payson, AZ 85541
928-474-1120

Pinal County

Acuna at Morning Sun
35597 N. Bandolier Dr.
San Tan Valley, AZ 85142
602-432-7818

Acuna at Morning Sun II
1962 W. Cool Water Way
San Tan Valley, AZ 85142
602-432-7818

Agave Oasis Assisted Living
1183 W. Busa Dr.
San Tan Valley, AZ 85143
480-204-5505

Allegiance Senior Living
18727 E. Pine Valley Dr.
Queen Creek, AZ 85142
480-987-6582

Anna's Assisted Living
4533 E. Rolling Ridge Rd.
San Tan Valley, AZ 85140
480-529-3362

Apache Junction Health Center (Skilled Nursing Facility)
2012 W. Southern Ave.
Apache Junction, AZ 85120
480-983-0700

Arizona Eldercare Group
5375 E. Superstition Blvd.
Apache Junction, AZ 85119
480-332-5449

Aurora Place (Assisted Living Center)
675 W. Broadway Ave.
Apache Junction, AZ 85120
480-288-1791

Better Senior Carehome
1151 W. 20th Ave.
Apache Junction, AZ 85120
480-205-3595

Brookdale Apache Junction (Assisted Living Center)
2080 S. Ironwood Dr.
Apache Junction, AZ 85120
480-983-5047

By Your Side Assisted Living
1329 S. Royal Palm
Apache Junction, AZ 85120
480-313-2636

Caliche Senior Living (Assisted Living Center)
1640 N. Peart Rd.
Casa Grande, AZ 85122
520-316-8041

Compassion Care Assisted Living
744 E. Tortoise Trl.
San Tan Valley, AZ 85143
480-529-9759

Copper Sky Assisted Living (Assisted Living Center)
1580 E. Valerie St.
Casa Grande, AZ 85122
520-858-0372

Dayflower Care Home
4166 W. Dayflower Dr.
San Tan Valley, AZ 85142
480-410-8358

Dora Caring
208 E. Melrose Dr.
Casa Grande, AZ 85122
520-836-8020

Emani Care Homes
43448 W. Wild Horse Trl.
Maricopa, AZ 85138
520-568-1912

Family Tree Assisted Living
1741 N. Palm Parke Blvd.
Casa Grande, AZ 85122
520-316-9008

Family Tys
1745 N. Palm Parke Blvd.
Casa Grande, AZ 85122
520-421-3400

Garden Rose Assisted Living
899 E. Canyon Rock Rd.
San Tan Valley, AZ 85143
480-289-1618

Garnet of Casa Grande Assisted Living Community (Assisted Living Center)
510 E. 8th St.
Casa Grande, AZ 85122
520-876-4200

Gila River Indian Care Center (Skilled Nursing Facility)
510 S. Ocotillo St. (Mail: PO Box 2187)
Sacaton, AZ 85147
520-562-7400

Gold Canyon Hacienda
6480 S. Alameda Dr.
Gold Canyon, AZ 85118
480-983-0939

Harmony Adult Living Solution
3960 E. Brae Voe Way
San Tan Valley, AZ 85140
480-794-1603

Haven House
17652 N. Avelino Dr.
Maricopa, AZ 85138
602-999-0428

Hope Care Assisted Living
43204 W. McCord Dr.
Maricopa, AZ 85138
520-340-3009

House of Dignity Assisted Living
214 W. Danish Red Trl.
Queen Creek, AZ 85143
614-900-6111

Jaidon Manor II
1177 E. Bonita Pl.
Casa Grande, AZ 85122
520-876-0640

Lavie Home
45503 W. Morning View Ln.
Maricopa, AZ 85139
520-666-2452

Lita Caring Home
1337 N. Walnut Dr.
Casa Grande, AZ 85122
520-836-1480

Magma Calm Home
757 W. Magma Rd.
San Tan Valley, AZ 85143
480-474-6097

Mary & Pete's Assisted Living Home
203 E. Avenue I
San Manuel, AZ 85631
520-909-3241

Medisys Home Care
1301 N. Park Ave.
Casa Grande, AZ 85122
520-421-2200

Melody Care Home
1796 W. Ray Ln.
Apache Junction, AZ 85120
480-983-4646

Oasis Pavilion Nursing & Rehabilitation Center (Skilled Nursing Facility)
161 W. Rodeo Rd.
Casa Grande, AZ 85122
520-836-1772

Olive Branch Assisted Living
1121 N. Olive Ave.
Casa Grande, AZ 85122
602-618-3756

Queen of Hearts Corporation
1073 E. Estate Rd.
San Tan Valley, AZ 85140
404-824-2475

Renata's Home for the Elderly 2
31392 N. Sunflower Way
San Tan Valley, AZ 85143
480-275-8321

Samantha's CZ Assisted Living
20278 N. Wilford Ave.
Maricopa, AZ 85138
480-524-4097

San Tan Valley Assisted Living
35750 N. Belgian Blue Ct.
San Tan Valley, AZ 85143
602-931-7894

Senior Haven Assisted Living Home
1111 W. Superstition Blvd.
Apache Junction, AZ 85120
480-625-1938

St. Raphael's Home Care
1538 E. Jahns Dr.
Casa Grande, AZ 85122
520-518-5050

Supreme Adult Care Home
3629 E. Thames Cir.
San Tan Valley, AZ 85140
480-840-5824

Supreme Assisted Living Care Home
3611 E. Thames Cir.
San Tan Valley, AZ 85140
480-840-5824

Treasures of Wisdom
483 W. Gascon Rd.
San Tan Valley, AZ 85143
480-252-9795

Visions Senior Living at Apache Junction (Assisted Living Center)
1510 E. Broadway Ave., Bldg. 1 & 2
Apache Junction, AZ 85119
480-671-1490
480-288-2400

Behavioral Health

Gila County

Regional Behavioral Health Authority for Gila County:

Steward Health Choice Arizona

Customer Service: 866-640-2123

Crisis Line: 877-756-4090

www.stewardhealthchoiceaz.com

Horizon Health and Wellness

415 W. Baseline Spur

Globe, AZ 85501

928-402-9297

www.hhwaz.org

San Carlos Apache Healthcare

103 Medicine Way Rd.

Peridot, AZ 85542

928-475-1400

www.scahealth.org

Southwest Behavioral & Health Services

404 W. Aero Dr.

Payson, AZ 85541

928-474-3303

www.sbhservices.org

Pinal County

Regional Behavioral Health Authority for Pinal County:

Arizona Complete Health

Customer Service: 1-888-788-4408

Crisis Line: 1-866-495-6735 (24 hrs. a day/7 days per week)

www.azcompletehealth.com

Casa Grande Counseling Service

635 E. Cottonwood Ln.

Casa Grande, AZ 85122

520-836-0440

www.casagrandecounseling.com

Corazon Integrated Healthcare Services

900 E. Florence Blvd.

Casa Grande, AZ 85122

520-836-4278

www.chaposcorazon.com

Crisis Preparation and Recovery

1828 E. Florence Blvd., Bldg. C, #143

Casa Grande, AZ 85122

480-804-0326

www.crisisprepandrecovery.com

Helping Associates, Inc.
1901 N. Trekell Rd., Ste. A
Casa Grande, AZ 85122
520-836-1029
www.helpingassociates.com

Horizon Health and Wellness – locations
480-983-0065
www.hhwaz.org/locations

Intermountain Centers for Human Development
1821 N. Trekell Rd., Ste. 1, Bldg, A
Casa Grande, AZ 85122
520-426-4289
<https://intermountaincenters.org>

Luminaria (Serving Pinal County)
4040 N. Del Monte Dr.
Eloy, AZ 85131
520-466-2233
www.luminariaarizona.com

New Life Counseling (In the office of Pinal Co. Cowboy Church)
2820 N. Pinal Ave., #482
Casa Grande, AZ 85122
800-678-0648
www.newlifeaz.org

Pinal Hispanic Council
107 E. 4th St.
Eloy, AZ 85131
520-466-7765
www.pinalhispaniccouncil.org

Sun Life Family Health Center (Behavioral Health Services available in Apache Junction, Casa Grande, Coolidge, Eloy, Florence, Maricopa, Oracle, and San Manuel – call for location information)
865 N. Arizola Rd.
Casa Grande, AZ 85122
520-836-3446
www.slfhc.org

Transitional Living Center
117 E. 2nd St., Ste 2
Casa Grande, AZ 85122
520-413-9941
www.tlcrecoverycasagrande.com

Blind and Visually Impaired Services

A comprehensive directory of services for the blind and visually impaired can be found on the American Foundation for the Blind website: www.afb.org/directory.

Assistance may also be found from the following agencies.

Statewide

Arizona Talking Book Library
1030 N. 32nd St.
Phoenix, AZ 85008
800-255-5578

www.azlibrary.gov/talkingbooks

Arizona Center for the Blind and Visually Impaired
3100 E. Roosevelt St.
Phoenix, AZ 85008
602-273-7411
www.acbvi.org

Arizona Industries for the Blind
515 N. 51st Ave., Ste. 130
Phoenix, AZ 85043
623-233-7900
<http://www.azifb.com>

Eye Dog Foundation for the Blind
8252 S. 15th Ave.
Phoenix, AZ 85041
Toll-free: 800-393-3641
www.eyedogfoundation.org

DES – Independent Living Blind
1155 N. Arizona Ave.
Coolidge, AZ 85128
520-858-8667 x1022

Pinal and Gila Counties

Ability360 – Pinal-Gila County Office
1419 N. Arizona Blvd.
Coolidge, AZ 85128
520-316-4300
<http://ability360.org>

Vocational Rehabilitation Office Serving Persons with Blindness or Vision Impairment
3262 Bob Dr., Ste 12
Prescott Valley, AZ 86314
928-759-1654

Caregiving for Elders

Nationwide

AARP 
Toll-free: 866-389-5649 (in Arizona)
Toll-free: 888-687-2277 (nationwide)
<https://www.aarp.org/caregiving>

Arizona Caregiver Coalition
Toll-free: 888-737-7494
<http://azcaregiver.org>

Eldercare Locator
Administration on Aging
Toll-free: 800-677-1116
www.eldercare.acl.gov

seniorDECISION
Ratings & Reviews for Senior Care and Housing
www.SeniorDecision.com

Chambers of Commerce

Gila County

Globe-Miami Chamber of Commerce
1360 N. Broad St.
Globe, AZ 85501
928-425-4495 or 800-804-5623
www.globemiamichamber.com

Rim Country Regional Chamber of Commerce
100 W. Main St.
Payson, AZ 85541
928-474-4515
www.rimcountrychamber.com

Tonto Basin Chamber of Commerce
45675 N. Highway 188
Tonto Basin, AZ 85553
928-479-2839
www.tontobasinchamber.org

Pinal County

Apache Junction Chamber of Commerce
567 W. Apache Trl.
Apache Junction, AZ 85120
480-982-3141
www.ajchamber.com

Arizona City Chamber of Commerce
13640 S. Sunland Gin Rd. (Mail: PO Box 5)
Arizona City, AZ 85123
520-466-5141
www.arizonacitychamber.com

Casa Grande Chamber of Commerce
575 N. Marshall St.
Casa Grande, AZ 85122
520-836-2125
www.casagrandechamber.org

Coolidge Chamber of Commerce
351 N. Arizona Blvd.
Coolidge, AZ 85128
520-723-3009
www.coolidgechamber.org

Copper Basin Chamber of Commerce
355 W. Alden Rd.
Kearny, AZ 85137
520-363-7607
www.copperbasinaz.org

Eloy Chamber of Commerce
305 N. Stuart Blvd.
Eloy, AZ 85131
520-466-3411
www.elaychamber.com

Florence Chamber of Commerce
24 W. Ruggles St. (Mail: PO Box 929)
Florence, AZ 85132
520-868-9433
www.florenceazchamber.com

Maricopa Chamber of Commerce
19756 N. John Wayne Pkwy, Ste 100
Maricopa, AZ 85139
520-568-9573
www.maricopachamber.org

Queen Creek Chamber of Commerce
22246 S. Ellsworth Rd.
Queen Creek, AZ 85142
480-888-1709
www.queencreekchamber.com

San Tan Valley Chamber of Commerce
2510 E. Hunt Highway, Ste 24
San Tan Valley, AZ 85143
480-788-7516
www.santanchamber.com

Superior Chamber of Commerce
165 Main St.
Superior, AZ 85173
520-689-0200
www.superiorarizonachamber.org

Companion Pets and Animals

Pets can be very special friends and companions for older adults. The organizations below may be able to make companion animals available.

Statewide

Arizona Humane Society
Nina Mason Pulliam Campus for Compassion
1521 W. Dobbins Rd.
Phoenix, AZ 85041
602-997-7585
www.azhumane.org

Humane Society of Southern Arizona
635 W. Roger Rd.
Tucson, AZ 85705
520-327-6088
<https://hssaz.org>

Gila County

Gila County Animal Shelter
700 W. Hackney Ave.
Globe, AZ 85501
928-425-5882

Gila County Animal Shelter
107 W. Frontier St., Ste. A
Payson, AZ 85541
928-474-1210

High Desert Humane Society
150 W. Mesquite St
Globe, AZ 85501
928-200-3611

Humane Society of Central Arizona
605 W. Wilson Ct.
PO Box 242
Payson, AZ 85547
928-474-5590

Pinal County

Casa Grande Animal Care & Adoption Center
202 E. First Ave.
Casa Grande, AZ 85122
520-426-9300

Pinal County Animal Control
1150 S. Eleven Mile Corner Rd.
Casa Grande, AZ 85194
520-509-3555

Valley Humane Society
15699 W. Aniceto Rd.
Casa Grande, AZ 85193
520-836-0904

Computer Access

Although many resources in this Guide list internet websites, many people do not own a computer. Pinal-Gila Council for Senior Citizens maintains computers for the public to use without charge during the hours of 8:00am to 4:00pm. Most local libraries also maintain computer labs for the public. (See [Libraries](#))

Pinal-Gila Council for Senior Citizens
8969 W. McCartney Rd.
Casa Grande, AZ 85194
520-836-2758 or 800-293-9393

Consumer Action Handbook

2017 Consumer Action Handbook—Get help with consumer purchases, problems and complaints.

<https://www.usa.gov/handbook> (Download or order a printed copy)

Day Care – Adult

Adult Day Care provides care and supervised activities for seniors and persons with disabilities. Care is normally available for several hours each day up to five days a week. Some centers provide transportation.

Some assisted living facilities may also take seniors for a limited period of time during the day.

Arbor Rose Adult Day Club
6033 E. Arbor Ave.
Mesa, AZ 85206
602-467-3842

Caliche Senior Living Adult Day Club
1640 N. Peart Rd.
Casa Grande, AZ 85122
520-316-8041
<https://casagrande.watermarkcommunities.com>

Oakwood Creative Care – Mesa, Arizona
480-464-1061
www.oakwoodcreativecare.org

Deaf and Hearing Impaired Services

Arizona Commission for the Deaf and Hard of Hearing

This site maintains a statewide information and referral directory to provide information and referral services throughout Arizona for persons who are deaf and hard of hearing, as well as their caregivers.

Additionally, the Commission maintains directories of physicians who sign, licensed interpreters, and free telecommunications devices for residents who need help communicating on the phone. They also can help with Relay 7-1-1 to provide telephone accessibility for free to residents.

Voice: 602-542-3323/Video phone: 480-599-9441
www.acdhh.org

Dental Assistance

Dental services may be too expensive for older adults even if they have dental insurance. Various reduced fee or sliding scale payment dental assistance programs exist to provide reduced fee dental services.

To find out about reduced fee dental services available in Gila and Pinal counties, contact:

Arizona Dental Foundation (provides charitable dentistry to children and individuals with a special need)
480-344-5777
www.azdentalfoundation.org

Arizona School of Dentistry & Oral Health
5855 E. Still Cir.
Mesa, AZ 85206
480-248-8100
www.atsu.edu/asdoh

Carrington College Dental Hygiene Clinic
1300 S. Country Club Dr., Ste 2
Mesa, AZ 85210
480-717-3510
<https://carrington.edu/schools/mesa-arizona/dental-hygiene-clinic>

Dorothy Nolan Senior Center – Dental assistance based on income
2nd & 4th Tuesdays of the month, beginning at 9am – must make appointment
330 N. Pinal St.
Florence, AZ 85132
520-868-7622

Rio Salado College Dental Clinic (preventive dental hygiene treatments only)
2250 W. 14th St.
Tempe, AZ 85281
480-377-4100
www.riosalado.edu/locations

St. Elizabeth's Health Center Dental Services
140 W. Speedway Blvd., Ste 100
Tucson, AZ 85705
520-770-8530 (dental appointments)
<http://saintehec.com/services/dental-services>

Sun Life Family Health Center—Dentistry (sliding fee discount for uninsured)
865 N. Arizola Rd.
Casa Grande, AZ 85122
520-381-0381

Disaster Assistance

American Red Cross
4747 N. 22nd St., Ste 100
Phoenix, AZ 85016
602-336-6660
www.redcross.org/get-help.html

Arizona Emergency Information Network (AzEIN)
The State of Arizona's official source for emergency updates, preparedness and hazard information, and related resources.
<https://ein.az.gov>

FEMA – Federal Emergency Management Agency
1-800-621-FEMA (3362)
DisasterAssistance.gov

Gila County Emergency Management
5515 S. Apache Ave, Ste. 400
Globe, AZ 85001
Office: 928-402-8764
Emergency Hotline: 928-402-8888 or 800-304-4452, Ext 8888

Pinal County Emergency Management
31 N. Pinal St., Bldg. F
Mail: PO Box 727
Florence, AZ 85132
520- 866-6684
Toll-free: 888-431-1311

Domestic Violence

There are many programs and services to help individuals in domestic violence situations. There is also a hotline for locating emergency shelter, which operates 24 hours per day/7 days per week. (Also see [Counseling and Behavioral Health](#))

National Domestic Violence Hotline
www.thehotline.org
800-799-SAFE (7233)

Arizona Coalition to End Sexual & Domestic Violence (ACESDV)
2700 N. Central Ave., Ste. 1100
Phoenix, AZ 85004
602-279-2900
Toll-free: 800-782-6400
www.acesdv.org

Gila County

Time Out, Inc.
PO Box 306
Payson, AZ 85547
Crisis line: 928-472-8007
www.timeoutshelter.org

Pinal County

Against Abuse, Inc.
119 N. Florence St.
Mail: PO Box 10733
Casa Grande, AZ 85130
520-836-1239
Crisis Line: 520-836-0858
www.against-abuse.org

Community Alliance Against Family Abuse
879 N. Plaza Dr., #101D
Apache Junction, AZ 85120
480-982-0205
Crisis line: 480-982-0196
www.caafaaz.org

Horizon Health and Wellness
210 E. Cottonwood Ln.
Casa Grande, AZ 85122
520-836-1688

Employment and Job Training

Many studies have shown the value of older workers in terms of productivity, work ethic and dependability. Many older adults retire and then decide they'd like to go back to work. There are resources available to assist with job training and employment leads.

Senior Community Service Employment Program (SCSEP)

PROGRAM DESCRIPTION: The **Senior Community Service Employment Program (SCSEP)** provides subsidized, part-time community service assignments to eligible, low-income, unemployed persons aged 55 and over. Training compensation – Arizona minimum wage rate.

ELIGIBILITY INFORMATION:

- Arizona resident
- 55 years or older (Priority given to Veterans and those 65 and over)
- Unemployed
- Meet current income guidelines

WHERE TO APPLY:

For more information contact the SCSEP Coordinator:

Area Agency on Aging, Region V
Pinal-Gila Council for Senior Citizens
8969 W. McCartney Rd.
Casa Grande, AZ 85194
520-836-2758
Toll-free: 1-800-293-9393
www.pgcsc.org

Self-Employment

Another option is self-employment. S.E.E.D., information below, is an alternative financing program designed to assist individuals with disabilities in borrowing money at affordable rates for the purchase of office equipment, furniture, supplies, or assistive technology, who are seeking employment through self-employment or teleworking.

Arizona Technology Access Program(AzTAP)
Self Employment for Entrepreneurs with Disabilities (S.E.E.D.)
300 W. Clarendon Ave., Ste. 475
Phoenix, AZ 85013
1-800-477-9921 or 602-776-4670
<http://aztap.org/at.funding/seed-loans>

Work Search

Great places to start your work search for full-time, part-time or temporary work are listed below:

DES/Arizona@Work
<https://arizonaatwork.com>
318 N. Florence St.
Casa Grande, AZ 85122
520-866-3600

100 N. Tonto St., Ste B
Payson, AZ 85541
928-468-9800—press 2

5515 S. Apache Ave.
Globe, AZ 85501
928-425-7631

www.jobing.com (Search local jobs, find local employers)

www.azjobconnection.gov (Free statewide job matching and labor market information system)

<https://azstatejobs.azdoa.gov> (State of Arizona government jobs)

<https://www.my.jobs/arizona/usa/jobs>

Job Service/Vocational Rehab Offices

Gila County

Globe DES Vocational Rehabilitation Office
605 S. 7th St.
Globe, AZ 85501
928-425-3101

Payson DES Vocational Rehabilitation Office
100 N. Tonto St., Ste. 100
Payson, AZ 85541
928-468-9829

Pinal County

Apache Junction DES Vocational Rehabilitation
11518 E. Apache Trail, Ste. 110 & 111
Apache Junction, AZ 85120
480-983-0427

Casa Grande DES Vocational Rehabilitation Office
401 N. Marshall
Casa Grande, AZ 85122
520-426-3529

Coolidge DES Vocational Rehabilitation Office
1155 N. Arizona Blvd.
Coolidge, AZ 85128
520-723-5351

End-of-Life Planning

Arizona Attorney General's Life Care Planning Information

The Attorney General's Life Care Planning information packet can be found at the Arizona Attorney General's website below.

There are numerous senior contacts and resources listed on this website. If you have questions about any of the information or forms found, please contact an attorney or PGCSC Legal Services (520-836-2758) for assistance.

A general durable Power of Attorney form is not available on the website, but more information about the process is. The Power of Attorney designations, wills, and trusts are powerful legal instruments, and it is recommended that you fully understand the documents you are signing.

The documents are found at www.azag.gov/seniors/life-care-planning and include:

- **Durable Health Care Power of Attorney and Durable Mental Health Care Power of Attorney**
Provides for a designated person to make medical care decisions, including mental health care decisions, when you are unable to do so.
- **Letter to my Agent (Representative)**
About Powers of Attorney Forms and Responsibilities
- **Living Will (End of Life Care)**
Allows you to specify your wishes. Helps eliminate confusion and questions about what you want related to certain treatments.
- **Pre-Hospital Medical Directive (Do Not Resuscitate Directive, also known as DNR)**
A link is provided on the website to find out if you should complete a DNR form.

Fiduciary Services

The office of the Public Fiduciary was created by the Arizona State Legislature to help individuals who have no one else willing or able to handle their medical care and placement or their finances. Normally, Public Fiduciaries handle the affairs of persons who are low-income, vulnerable and incapacitated.

Gila County Public Fiduciary
5515 S. Apache Ave., Ste. 800
Globe, AZ 85501
928-425-3149

Pinal County Public Fiduciary
971 N. Jason Lopez Cir., Bldg. D
Mail: PO Box 808
Florence, AZ 85132
520-866-7252

Food Assistance

Listed below is contact information to apply for the Food Stamp Program (now called Supplemental Nutrition Assistance Program—SNAP) and the Food Plus Program. The area Food Banks are also listed. (For information on Meals On Wheels, see [Meals—Home Delivered](#))

Supplemental Nutrition Assistance Program-SNAP

SNAP funds can be spent to buy nutritious food. Generally, they are only **part** of the food budget; shoppers spend some cash along with SNAP funds.

WHERE TO APPLY:

DES/FAA Offices Statewide

Toll-free: 1-855-432-7587

GILA COUNTY

605 S. 7th St.

Globe, AZ 85501

1-855-432-7587

100 N. Tonto St., Ste B

Payson, AZ 85541-5421

1-855-432-7587

PINAL COUNTY

11518 E. Apache Trl., Ste. 113

Apache Junction, AZ 85120

1-855-432-7587

555 W. Main Ave.

Casa Grande, AZ 85122

1-855-432-7587

1155 N. Arizona Blvd.

Coolidge, AZ 85128

1-855-432-7587

To find out more information about applying for SNAP food assistance, go to:

www.arizonaselfhelp.org, <https://des.az.gov/services/basic-needs/family-assistance>, or www.healthearizonaplus.gov

FOOD PLUS (Commodity Supplemental Food Program)**PROGRAM DESCRIPTION:**

This program provides a monthly supplemental food package which includes canned meats, cereal, fruits, vegetables, juices, cheese, rice and dried beans.

WHERE TO APPLY:

Call the Arizona Department of Health Services toll-free hotline at **1-800-252-5942**.

Food Buying Cooperatives**PROGRAM DESCRIPTION:**

Cooperatives offer food packages which you can purchase using **cash** or, in many cases, **SNAP funds**. You receive a food package containing food worth **double** what you paid for it. A package generally costs between \$13 and \$35 and may include a combination of frozen meat, fruits, vegetables, specialty items and staple foods.

Food buying cooperatives are not charity or government programs, and they will not affect any benefits from other programs. They are operated primarily by non-profit organizations and are able to offer such a good deal because of the volume of purchases they make and because they also take advantage of close-outs, over-production and package changes. The operating organizations do not make a profit on these food cooperative programs.

Bountiful Baskets

www.bountifulbaskets.org

Food Banks and Emergency Food

Gila County

Gila Community Food Bank
317 W. Hackney Ave.
Globe, AZ 85501
928-425-3639
(Must meet Federal poverty guidelines)

St. Vincent's of Holy Angels
201 S. Broad St.
Globe, AZ 85501
928-425-3137

St. Vincent de Paul Food Bank
511 S. St. Phillips St.
Payson, AZ 85541
928-474-9104

Pinal County

Apache Junction Food Bank
575 N. Idaho Rd.
Apache Junction, AZ 85119
480-983-2995
(ID & proof of residence required)

Caring Hands Community Food Bank
139 W. 1st St.
Casa Grande, AZ 85122
520-477-1886
(Bring names & birthdates of all family members)

Casa Grande Food Bank
235 E. 4th St.
Casa Grande, AZ 85122
520-836-1347

Epic Food Mission (3rd Saturday from 9-11 a.m.)
5418 E. Skyline Dr. (Compassion Care Center)
San Tan Valley, AZ 85140
480-987-0885
(Photo ID & proof of residence required)

Florence Baptist Food Bank (Tuesdays & Fridays)
30 N. Willow St.
Florence, AZ 85132
520-868-1728

Hope International Food Pantry
1280 N. Arizona Blvd.
Coolidge, AZ 85128

Living Hope Helping Hands
13270 S. Sunland Gin Rd.
Arizona City, AZ 85123
520-466-7255

Project Manna (New Beginnings Church of the Nazarene)
2nd Saturday 5:30-11 a.m. (\$10 donation)
1915 N. Casa Grande Ave.
Casa Grande, AZ 85122
520-836-7510

Salvation Army
605 E. Broadway Rd.
Apache Junction, AZ 85119
480-982-4110
(Photo ID & proof of residence required)

Santa Cruz Valley Food Bank (CAHRA)
109 N. Sunshine Blvd
Eloy, AZ 85131
520-466-1112
(Photo ID & proof of residence required)

Seeds of Hope – Free meal Mon-Sat 11am-12pm, served at:
Fountains of Living Water Church
518 E. 2nd St.
Casa Grande, AZ 85122
520-836-6335

Society of St. Vincent de Paul
405 E. 2nd St.
Casa Grande, AZ 85122
520-836-2009
(Photo ID and Proof of Address)

St. George Food Pantry
300 E. 16th Ave.
Apache Junction, AZ 85119
480-982-2929
(Proof of residence required)

Tri-Community Food Bank
108 W. Redwood Drive
Mammoth, AZ 85618
520-487-2010
(Must meet federal poverty guidelines)

Fraud – Reporting

Also see [Law Enforcement Agencies](#)

Office of the Attorney General, Consumer Information and Complaints
2005 N. Central Ave.
Phoenix, AZ 85004
800-352-8431
www.azag.gov/complaints/consumer

Gila County Attorney's Office
1400 E. Ash St.
Globe, AZ 85501
928-402-8630

Pinal County Attorney's Office
30 N. Florence Street, Bldg. D
Florence, AZ 85132
520-866-6271

Pinal-Gila Council for Senior Citizens
8969 W. McCartney Rd.
Casa Grande, AZ 85194
520-836-2758
Toll-free: 800-293-9393

Government Offices

Gila County

Gila County Government
1400 E. Ash St.
Globe, AZ 85501
928-425-3231
Toll-free: 800-304-4452
www.gilacountyaz.gov

City of Globe
150 N. Pine St.
Globe, AZ 85501
928-425-7146
www.globeaz.gov

Town of Hayden
520 N. Velasco Ave.
Hayden, AZ 85135
520-356-7801
www.townofhaydenaz.gov

Town of Miami
500 W. Sullivan St.
Miami, AZ 85539
928-473-4403
www.miamiaz.gov

Town of Payson
303 N. Beeline Hwy.
Payson, AZ 85541
928-474-5242
www.paysonaz.gov

Town of Winkelman
206 Giffin Ave.
Winkelman, AZ 85192
520-356-7854
<http://winkelmanaz.com/>

Pinal County

Pinal County Government
31 N. Pinal St.
Florence, AZ 85132
520-509-3555
Toll-free: 888-431-1311
www.pinalcountyz.gov

City of Apache Junction
300 E. Superstition Blvd.
Apache Junction, AZ 85119
480-982-8002
www.ajcity.net

City of Casa Grande
510 E. Florence Blvd.
Casa Grande, AZ 85122
520-421-8600
www.casagrandeaz.gov

City of Coolidge
130 W. Central Ave.
Coolidge, AZ 85128
520-723-5361
www.coolidgeaz.com

City of Eloy
628 N. Main St.
Eloy, AZ 85131
520-466-9201
www.ci.elay.ar.gov

Town of Florence
775 N. Main St.
Florence, AZ 85132
520-868-7500
www.florenceaz.gov

Town of Kearny
912-C Tilbury Dr.
Kearny, AZ 85137
520-363-5547
www.townofkearny.com

Town of Mammoth
125 N. Clark St.
Mammoth, AZ 85618
520-487-2331
<http://townofmammoth.us>

City of Maricopa
39700 W. Civic Center Plaza
Maricopa, AZ 85139
520-568-9098
www.maricopa-az.gov

City of Maricopa Age-Friendly Programs and Resources
www.maricopa-az.gov/web/age-friendly-maricopa

Town of Queen Creek
22350 S. Ellsworth Rd.
Queen Creek, AZ 85142
480-358-3000
www.queencreek.org

Town of Superior
199 N. Lobb Ave.
Superior, AZ 85173
520-689-5752
www.superioraz.gov

Health Care

A variety of programs are available to help with health care needs of seniors and disabled adults. Some of these programs are listed below.

Gila County

Gila County Health Services
5515 South Apache Ave., Ste. 100
Globe, AZ 85501
928-402-8811

Gila County Health Services
107 W. Frontier St.
Payson, AZ 85541
928-474-1210

Pinal County

Pinal County Public Health Services District
791 N. Jason Lopez Cir., Bldg. D
Florence, AZ 85132
Toll-free: 866-960-0633
<http://pinalcountyyaz.gov/PUBLICHEALTH>

Pinal County Public Health Clinics

Call for general information and appointments
Toll-free: 866-960-0633 Mon-Fri, 8 am - 5:30 pm

Apache Junction Clinic
575 N. Idaho St., Ste. 301
Apache Junction, AZ 85119
Nursing: Tues-Fri, 8 am – 6 pm

Casa Grande Clinic
1729 N. Trekell Rd., Ste 120
Casa Grande, AZ 85122
Nursing: Mon-Fri, 8 am – 6 pm

Coolidge Clinic
119 W. Central
Coolidge, AZ 85128
Nursing: Thurs-Fri, 8 am – 6 pm

Eloy Clinic
302 E. 5th St.
Eloy, AZ 85131
Nursing: Tues-Wed, 8 am – 6 pm

Kearny Clinic
355 Alden Rd.
Kearny, AZ 85137
Nursing: 3rd Wed of month, 8 am – 6 pm

Mammoth Clinic
110 Main St.
Mammoth, AZ 85618
Nursing: Thurs-Fri, 8 am – 6 pm

Maricopa Clinic
41600 W. Smith-Enke Rd., Bldg. 15
Maricopa, AZ 85138
Nursing: Tues-Fri, 8 am – 6 pm

Oracle Clinic
1870 W. American Ave.
Oracle, AZ 85623

San Manuel Clinic is held at Sun Life Clinic
23 S. McNab Pkwy.
San Manuel, AZ 85631

San Tan Valley Clinic
36235 N. Gantzel Rd.
San Tan Valley, AZ 85142
Nursing: Mon-Thurs, 8 am – 6 pm

Superior Clinic
60 E. Main St.
Superior, AZ 85173
Nursing: 2nd Wed of Month, 8 am – 6 pm

Horizon Health & Wellness

Apache Junction
625 N. Plaza Dr.
Apache Junction, AZ 85120
480-983-3368

Casa Grande
115 W. 2nd St.
Casa Grande, AZ 85122
520-836-1688

Florence
450 W. Adamsville Rd.
Florence, AZ 85132
520-635-3620

Kearny
374 Alden Rd.
Kearny, AZ 85137
520-896-6050

Queen Creek
22713 S. Ellsworth Rd., Bldg. A, Ste 101
Queen Creek, AZ 85142
480-474-5670

San Manuel
23 McNab Pkwy
San Manuel, AZ 85631
520-896-6028

Sun Life Family Health Centers

Sun Life Family Health Center – Apache Junction
2080 W. Southern Ave., Ste. B-10
Apache Junction, AZ 85120
480-351-2850

Sun Life Family Health Center – Casa Grande
865 N. Arizola Rd.
Casa Grande, AZ 85122
520-836-3446

Sun Life Family Health Center – Coolidge
1284 N. Arizona Blvd.
Coolidge, AZ 85128
520-723-9131

Sun Life Family Health Center – Eloy
205 N. Stuart Blvd.
Eloy, AZ 85131
520-466-7883

Sun Life Family Health Center – Florence
174 W. Highway 287
Florence, AZ 85132
520-868-5811

Sun Life Family Health Center – Maricopa
44572 W. Bowlin Rd.
Maricopa, AZ 85138
520-568-2245

Sun Life Family Health Center – Oracle
1040 W. American Ave.
Oracle, AZ 85623
520-896-2092

Sun Life Family Health Center – San Manuel
23 S. McNab Pkwy
San Manuel, AZ 85631
520-385-2234

Health Education Centers

Eastern Arizona Health Education Center
www.azeahec.org

Greater Valley Health Education Center
www.empowermentsystems.org/gvahec

Home Care Services

Home care services may include general services provided in the home, such as Personal, Housekeeping, and Attendant Care. Some home health care agencies may also provide services, such as visiting nurses, respite, home health aide services and other in-home medically needed services.

The following are some home care agencies. Please consult your local telephone book if you need more options. (ALTCS or Medicare acceptance noted in parentheses; however, other forms of payment or insurances are taken. Please call to inquire.)

Ability360 (Accepts ALTCS)

1419 N. Arizona Blvd.

Coolidge, AZ 85128

520-316-4300

AccentCare (Accepts ALTCS)

1515 E. Florence Blvd., Ste 101

Casa Grande, AZ 85122

Monday – Friday

Toll-free: 888-567-6492

200 W. Frontier St., Ste G

Payson, AZ 85541

928-404-8000

AIRES, Inc. (Accepts ALTCS)

580 Camino Mercado, Ste 1

Casa Grande, AZ 85122

520-836-0881

2140 W. Greenway Rd., Ste 140

Phoenix, AZ 85023

602-995-3591

Angels Care Home Health (Accepts Medicare)

653 E. Cottonwood Ln.

Casa Grande, AZ 85122

520-876-0622

105 S. Delaware Dr., Ste 6

Apache Junction, AZ 85120

480-288-4822

At Home Solutions (Accepts ALTCS)

1415 N. Trekell Ave., Ste 201

Casa Grande, AZ 85122

888-496-3983

**BrightStar Care (serving Apache Junction, Gold Canyon, Queen Creek & San Tan Valley)
(Accepts VA)**

1223 S. Clearview Ave., Ste 110

Mesa, AZ 85209

480-898-0880

Casa Grande Home Health Care (Arizona Home Health Agency) (Accepts Medicare)

550 E. Cottonwood Ln., Ste D

Casa Grande, AZ 85122

623-206-7386 or 602-287-0003

Circle of Life Home Care
1179 E. Cottonwood Ln., Ste. 7
Casa Grande, AZ 85122
520-836-9700

Comfort Keepers (serving Apache Junction, Maricopa, Queen Creek, & San Tan Valley)
(Accepts ALTCS and Medicare)
1311 W. Chandler Blvd., Ste. 160
Chandler, AZ 85224
480-256-8696

Heritage Home Healthcare (Phoenix metropolitan area)
7310 N. 16th St., Ste. 228
Phoenix, AZ 85020
602-745-2900

Home Health Insights (Arizona Home Health Agency) (Accepts ALTCS)
701 E. Cottonwood Ln., Ste. 2
Casa Grande, AZ 85122
520-421-2239

Home Instead Senior Care (serving Apache Junction, Casa Grande, Florence, Gold Canyon, Maricopa, Queen Creek, & San Tan Valley)
3850 E. Baseline Rd., Ste. 128
Mesa, AZ 85206
480-827-4343

Marc Community Resources
924 N. Country Club Dr.
Mesa, AZ 85201
480-969-3800

Nursing Solutions (Accepts ALTCS in limited cases)
15255 N. 40th St., Ste. 141
Phoenix, AZ 85032
602-331-1100

Prileo Home Care (Accepts ALTCS)
201 E. Cottonwood Ln., Ste. 4
Casa Grande, AZ 85122
520-421-3088

ResCare HomeCare (Accepts ALTCS)
1930 S. Alma School Rd., Ste. A118
Mesa, AZ 85210
480-485-9754

Synergy Home Care (Accepts ALTCS & Medicare)
1855 W. Baseline Rd., Ste. 202
Mesa, AZ 85202
480-377-6770

Tempe ADHC/Foundation for Senior Living (Accepts ALTCS and some Medicare plans)
2234 E. Maryland Dr.
Tempe, AZ 85281
602-532-2982

Hospice Services

Terminally ill persons, as well as their families, often turn to the compassionate services of hospice. Hospice services focus on maintaining the best quality of life and personal comfort for individuals and their families. Services are available in individual homes, assisted living complexes, group homes, in special hospital units and in many nursing care facilities. Medicare, Medicaid (AHCCCS), and/or private insurance cover hospice care.

Aria Hospice Comfort Care (Serves Casa Grande area)
7225 N. Mona Lisa Rd.
Tucson, AZ 85741
520-547-7000

Arizona Care Hospice
1100 N. Beeline Hwy, Ste A
Payson, AZ 85541
928-535-5353

Aviant Hospice (Parts of Pinal and Gila counties)
136 S. Broad St.
Globe, AZ 85501
928-425-5400

Compassus
1675 E. Monument Plaza Cir., Ste A
Casa Grande, AZ 85122
520-421-7143/520-317-6744

511 S. Mud Springs Rd., Ste 1 & 2
Payson, AZ 85541
928-472-6340

Hospice Family Care (Pinal County)
1175 E. Cottonwood Ln., Ste 1
Casa Grande, AZ 85122
520-233-6116

1550 S. Alma School Rd., Ste 102
Mesa, AZ 85210
480-461-3144

Hospice of Payson
900 N. Beeline Hwy, Ste B
Payson, AZ 85541
928-474-2415

Hospice of the Valley
1510 E. Flower St.
Phoenix, AZ 85014
602-530-6900

Integrity Hospice Care
6877 S. Kings Ranch Rd., Ste 1
Gold Canyon, AZ 85118
480-426-0255

THEMA Health Services
375 S. Sutherland St.
Globe, AZ 85501
928-425-8330

Hospitals and Urgent Care Facilities

Gila County

Cobre Valley Regional Medical Center
5880 S. Hospital Dr.
Globe, AZ 85501
928-425-3261

Banner Payson Medical Center
807 S. Ponderosa St.
Payson, AZ 85541
928-474-3222

PHS Indian Hospital – San Carlos
223 Cibecue Cir.
Mail: PO Box 208
San Carlos, AZ 85550
928-475-2371

CVRMC Pleasant Valley Clinic
124 N. Tewksbury Blvd.
Young AZ 85554
928-462-3435

San Carlos Apache Healthcare
103 Medicine Way Rd.
Peridot, AZ 85542
928-475-1200

Pinal County

Banner Goldfield Medical Center
2050 W. Southern Ave.
Apache Junction, AZ 85542
928-475-1200

Banner Ironwood Medical Center
37000 N. Gantzel Rd.
Queen Creek, AZ 85140
480-394-4000

Banner Casa Grande Medical Center
1800 E. Florence Blvd.
Casa Grande, AZ 85122
520-381-6300

Banner Health Center (Outpatient treatment center)
17900 N. Porter Rd.
Maricopa, AZ 85138
520-233-2500

Florence Hospital at Anthem
4545 N. Hunt Hwy
Florence, AZ 85132
520-424-2060

Hu Hu Kam Memorial Hospital
Huhukam/Gila River Health Care System
483 W. Seed Farm Rd.
Mail: PO Box 38
Sacaton, AZ 85147
520-562-3321

Urgent Care

Banner Casa Grande Urgent Care
1676 E. McMurray Blvd., Ste. 1
Casa Grande, AZ 85122
520-316-0688

FastMed Urgent Care
495 N. Pinal Pkwy., Ste. 106
Florence, AZ 85132
520-868-0573

NextCare Urgent Care
2080 W. Southern Ave.
Apache Junction, AZ 85120
480-985-0172

1683 E. Florence Blvd., Ste. 7
Casa Grande, AZ 85122
520-876-0800
Toll free: 888-381-4858

Peralta Urgent Care
6740 S. Kings Ranch Rd., Ste 102
Gold Canyon, AZ 85118
480-390-3773

Stripes Urgent Care
6820 S. Kings Ranch Rd., Ste 130
Gold Canyon, AZ 85118
480-984-5225

Housing Services

Contact the agencies below to learn about minor home repairs, repairs to heaters and air conditioners, major housing rehabilitation, home weatherization, reverse mortgages and Section 8 and other subsidized housing.

There are Section 8 Housing Voucher Programs, Section 8 Housing complexes and other low-cost housing options for low-income qualifying older adults.

Several apartment complexes subsidize rent for a specified number of units for income-qualified individuals or families.

To locate go to:
Arizona Department of Housing
602-771-1000
<https://housing.az.gov>

USDA Rural Development
602-280-8701
www.rd.usda.gov/az

U.S. Department of Housing and Urban Development
800-347-3739
www.hud.gov

Gila County

Gila County Community Action Program—Payson
107 W. Frontier St., Ste. C
Payson, AZ 85541
928-474-7192

Gila County Community Action Program—Globe/Miami
5515 S. Apache Ave., Ste 200
Globe, AZ 85501
928-425-7631

Hope House
401 S. Mariposa St.
Payson, AZ 85541
928-363-4052

Payson Area Habitat for Humanity, Inc.
425 N. Beeline Hwy. (Mail: PO Box 1131)
Payson, AZ 85547
928-474-0330

Town of Payson Housing Division
303 N. Beeline Hwy.
Payson, AZ 85541
928-472-5038

Pinal County

City of Apache Junction Housing Programs
300 E. Superstition Blvd., Bldg. D
Apache Junction, AZ 85119
480-474-2635

Casa Grande—Owner Occupied Housing Rehabilitation Program
510 E. Florence Blvd.
Casa Grande, AZ 85122
520-421-8670
<https://casagrandeaz.gov/owner-occupied-housing-rehabilitation-program/>

City of Coolidge Housing Rehabilitation
131 W. Pinkley Ave.
Coolidge, AZ 85128
520-723-5361

Community Action Human Resources Agency (CAHRA)
109 N. Sunshine Blvd.
Eloy, AZ 85131
520-466-1112

Eloy Housing Rehabilitation Program Grants
626 N. Main St.
Eloy, AZ 85131
520-464-3426

Pinal County Housing Department
970 N Eleven Mile Corner Rd.
Casa Grande, AZ 85194
520-866-7201

Santa Cruz Village Apartments (Pinal-Gila Council for Senior Citizens' Low Income Independent Living Apartment Complex)
118 E. 5TH St.
Eloy, AZ 85131
520-866-7201 or 520-836-2758

Indigent Burial Information

The Indigent Burial Program and application process varies by county. No public assistance program can pre-qualify a decedent or family for this service. Eligibility is generally based on income and assets of both the decedent and the next of kin.

To initiate a referral for the Indigent Burial Program, contact the County Public Fiduciary's Office nearest you for further information.

Qualified veterans may be buried at the Veteran's Administration National Memorial Cemetery in Arizona. Another option is whole-body donation (see [Whole-Body Donation](#)).

Gila County Public Fiduciary

5515 S. Apache Ave., Ste. 800
Globe, AZ 85501
928-425-3149

Pinal County Public Fiduciary

971 N. Jason Lopez Cir., Bldg. D
Florence, AZ 85132
520-866-7252

Law Enforcement Agencies

Gila County

Gila County Sheriff's Office
1100 South St. (Mail: PO Box 311)
Globe, AZ 85502
928-425-4449

Globe Police Department
175 N. Pine St.
Globe, AZ 85501
928-425-5751

Hayden Police Department
601 Hayden Ave.
Hayden, AZ 85135
520-356-6205

Miami Police Department
740 Sullivan St.
Miami, AZ 85539
928-473-2466

Payson Police Department
303 N. Beeline Hwy.
Payson, AZ 85541
928-474-5177

San Carlos Apache Police Department
200 W. Pinal St.
San Carlos, AZ 85550
928-475-2311

Pinal County

Pinal County Sheriff's Office
971 Jason Lopez Cir., Bldg. C
Florence, AZ 85132
520-866-5111/Toll free: 800-420-8689

Ak-Chin Police Department
47314 W. Farrell Rd.
Maricopa, AZ 85139
520-568-1200

Apache Junction Police Department
1001 N. Idaho Rd.
Mail: 300 E. Superstition Blvd.
Apache Junction, AZ 85119
480-982-8260

Casa Grande Police Department
373 E. Val Vista Blvd.
Casa Grande, AZ 85122
520-421-8700

Coolidge Police Department
911 S. Arizona Blvd.
Coolidge, AZ 85128
520-723-5311

Eloy Police Department
630 N. Main St.
Eloy, AZ 85131
520-466-7324

Florence Police Department
425 N. Pinal St. (Mail: PO Box 2670)
Florence, AZ 85132
520-868-7681

Gila River Police Department
PO Box 2186
Sacaton, AZ 85147
520-562-7114

Kearny Police Department
355 Alden Rd (Mail: PO Box 639)
Kearny, AZ 85137
520-363-5566

Mammoth Police Department
125 S Clark Rd. (Mail: PO Box 130)
Mammoth, AZ 85618
520-487-2347 or 520-487-2348

Maricopa Police Department
39675 W. Civic Center Plz.
Maricopa, AZ 85138
520-316-6800

Superior Police Department
734 W. Main St.
Superior, AZ 85173
520-866-5111

Legal Services

Even if resources make a private attorney unaffordable for older adults, there are many legal assistance programs to turn to for help with legal questions, wills, estate planning and government benefits. Some of those programs are listed here.

Pinal-Gila Council for Senior Citizens (PGCSC)

8969 W. McCartney Rd.
Casa Grande, AZ 85194-7432
520-836-2758
Toll-free: 800-293-9393
Fax: 520-424-2824

If you are 60 years of age or older, the PGCSC Legal Help Line is available to help you at no cost by calling the number listed above. Although there are no fees for services, donations are gladly accepted.

PGCSC's qualified legal professionals can help with:

- Stop Collection Effort Letters
- Beneficiary Deeds (document preparation only)
- Cremation Directives
- Fraud, Exploitation and Abuse
- Informal Probate (document preparation only)
- Affidavits to Transfer Real Property
- Affidavits to Collect Personal Property
- Landlord/Tenant Problems
- Power of Attorney (Medical and Mental Health Care)
- Revocation of Powers of Attorney
- Wills & Living Wills
- Consumer

There are other free legal service agencies throughout the state for people with low incomes. Contact the office nearest you.

Nationwide

Law for Seniors
www.LawForSeniors.org

Statewide

AZLawHelp (free or reduced fee legal help if eligible)
866-637-5341
www.AZLawHelp.org

Elder Law Hotline (age 60+)
Toll-free: 800-231-5441

Arizona Center for Disability Law
5025 E. Washington St., Ste. 202
Phoenix, AZ 85034
602-274-6287
Toll-free: 800-927-2260

Community Legal Services
305 S. 2nd Ave.
Phoenix, AZ 85003
602-258-3434
Toll-free: 1-800-852-9075
<https://clsaz.org>

Community Legal Services, Inc.
1220 S. Alma School Rd., Ste 206
Mesa, AZ 85210
480-833-1442
Toll-free: 800-852-9075

Equal Employment Opportunity Commission (EEOC)
3300 N. Central Ave., Ste. 690
Phoenix, AZ 85012
Toll-free: 800-669-4000
www.eeoc.gov

Family Lawyers Assistance Project (designed to assist people representing themselves)
201 W. Jefferson St., 6th floor
Phoenix, AZ 85003
602-506-7948

Friendly House Immigration Legal Services
113 W. Sherman St.
Phoenix, AZ 85003
602-257-1870
www.friendlyhouse.org/immigration

Arizona Attorney General Resources

Arizona Attorney General's Office
602-542-5025
www.azag.gov

Elder Help Line and Complaints
602-542-2124
Toll-free: 844-894-4735
www.azag.gov/seniors

Consumer Information and Complaints
Toll free: 800-352-8431
www.azag.gov/consumer

Pinal County

Southern Arizona Legal Aid
1729 N. Trekeil Rd., Ste. 101
Casa Grande, AZ 85122
520-316-8076
Website: www.sazlegalaid.org

Florence Immigration and Refugee Rights Project (FIRRP)
PO Box 654
Florence, AZ 85132
520-868-0191
Website: <https://firrp.org>

Libraries

Gila County

Globe Public Library
339 S. Broad St.
Globe, AZ 85501
928-425-6111
www.globeaz.gov/departments/library

Hayden Public Library
219 E. 5th Ave.
Mail: PO Box 99
Hayden, AZ 85135
520-356-7801 Ext.501

Isabelle Hunt Memorial Public Library
6124 N. Randall Pl.
Mail: PO Box 229
Pine, AZ 85544
928-476-3678

Miami Memorial Library
282 S. Adonis Ave.
Miami, AZ 85539
928-473-2621

Payson Public Library
328 N. McLane Rd.
Payson, AZ 85541
928-474-9260

San Carlos Public Library
San Carlos Ave.
Mail: P O Box 545
San Carlos, AZ 85550
928-475-2611

Tonto Basin Public Library
415 Old Highway #188
Mail: PO Box 368
Tonto Basin, AZ 85553
928-479-2355

Young Public Library
123 S. Midway Ave.
Mail: P O Box 150
Young, AZ 85554
928-462-3588

Pinal County

Apache Junction Public Library
1177 N. Idaho Rd.
Apache Junction, AZ 85119
480-474-8555

Arizona City Community Library
13254 S. Sunland Gin Rd.
Arizona City, AZ 85123
520-466-5565

City of Casa Grande Public Library
449 N. Drylake St.
Casa Grande, AZ 85122
520-421-8710

(Casa Grande) Vista Grande Public Library
1556 N. Arizola Rd.
Casa Grande, AZ 85122
520-421-8652

Coolidge Public Library
160 W. Central Ave.
Coolidge, AZ 85128
520-723-6030

Eloy Santa Cruz Library
1000 N. Main St.
Eloy, AZ 85131
520-466-3814

Florence Community Library
778 N. Main St.
Mail: PO Box 2670
Florence, AZ 85132
520-868-8311

Kearny Public Library
912-A Tilbury Rd.
Mail: PO Box 220
Kearny, AZ 85137
520-363-5861

Mammoth Public Library
125 N. Clark St.
Mammoth, AZ 85618
520-487-2026

Maricopa Public Library
41600 W. Smith-Enke Road, Bldg 10
Maricopa, AZ 85138
520-568-2926

Oracle Public Library
565 E. American Ave.
Oracle, AZ 85623
520-896-2121

San Manuel Library
108 S. 5th Avenue
San Manuel, AZ 85631
520-385-4470

Superior Public Library
99 N. Kellner Ave.
Superior, AZ 85173
520-689-2327

Life Long Learning

Community Colleges offer a wide array of classes and learning opportunities, many of which are of special interest to older adults. If you would like to learn to use the computer, surf the Internet, learn more about your hobby, brush up on your Spanish or prepare for a new job, your community college is the place to start.

Gila County

Gila Community College - Gila Pueblo Campus
8274 S. Six Shooter Canyon Rd. (Mail: PO Box 2656)
Globe, AZ 85502-2656
928-425-8481
www.gilaccc.org

Gila Community College - Payson Campus
201 N. Mud Springs Rd. (Mail: PO Box 359)
Payson, AZ 85547-0359
928-468-8039
www.gilaccc.org

Pinal County

Central Arizona College - Aravaipa Campus
80440 E. Aravaipa Rd.
Winkelman, AZ 85192
520-357-2800
Toll-free: 866-869-6507
www.centralaz.edu

Central Arizona College – Maricopa Campus
17945 N. Regent Dr.
Maricopa, AZ 85138
520-494-6400
www.centralaz.edu

Central Arizona College – San Tan Campus
3736 E. Bella Vista Rd.
San Tan Valley, AZ 85143
520-494-6725/480-677-7825
www.centralaz.edu

Central Arizona College - Signal Peak Campus
8470 N. Overfield Rd.
Coolidge, AZ 85128
520-494-5444
Toll-free: 800-237-9814
www.centralaz.edu

Central Arizona College - Superstition Mountain Campus
805 S. Idaho Rd.
Apache Junction, AZ 85119
480-677-7700
www.centralaz.edu

Long Term Care

Long term care is a term used to cover a variety of services to help individuals who live with illness, disability or functional limitations that require care over a long period of time.

There are three basic types of long term care: home and community based services, residential services and nursing home care facilities.

Long term care can be paid by Medicaid, known in Arizona as the Arizona Long Term Care System (ALTCS), if the individual meets financial and functional criteria, or some of the costs may be paid by private insurance.

Pinal-Gila Council for Senior Citizens may be able to provide some home and community services. (See the [Home Care Services](#) section of this Guide for additional resources.)

Meals – Home Delivered

The Meals On Wheels program provides home-delivered meals to homebound elderly adults and persons with disabilities who are at risk of losing their independence due to poor nutrition and support. PGCSC serves homebound individuals (age 60 and over) and those 18-59 with a doctor-certified disability. This effort is made possible through partnerships with senior center providers in our communities. Donations are encouraged and allow the program to continue or expand. (Note—All seniors may enjoy a noontime meal served at most senior centers. See the [Senior Centers](#) section for contact information.)

For home-delivered meals referrals, call Pinal-Gila Council for Senior Citizens at 520-836-2758 or 800-293-9393.

Medicare and Benefit Assistance **State Health Insurance Assistance Program (SHIP)** **and Senior Medicare Patrol (SMP)**

Many older adults and their caregivers are overwhelmed when trying to navigate Medicare and other benefit options. There are trained benefits counselors who can help you work through the problems encountered most often when applying for benefits. They can also act as advocates on behalf of individuals who apply for and obtain the benefits to which they are entitled.

The SHIP program is a free health benefits counseling program for Medicare beneficiaries and their families or caregivers. Their mission is to educate, advocate, counsel and empower people to make informed benefits decisions. SHIP is an independent program by federal agencies and is not affiliated with the insurance industry. The program is a partnership of the Department of Economic Security Division of Aging and Adult Services and the Area Agencies on Aging.

The SMP program is designed to involve retired professionals as volunteers in the education of their peers, in safeguarding the Medicare and Medicaid programs. The Senior Patrol Volunteers are part of the SHIP program. They are seniors who help fight and prevent Medicare/Medicaid fraud and abuse.

Benefits counseling and casework can be obtained by contacting:

Pinal-Gila Council for Senior Citizens, Region V

8969 W. McCartney Rd.

Casa Grande, AZ 85194

520-836-2758

Toll-free: 800-293-9393

www.pgcsc.org

Nationwide

Centers for Medicare & Medicaid Services

www.cms.gov

Health Insurance Quotes

Toll-free: 855-243-5899

www.HealthInsurance.com

Medicare

Toll-free: 800-MEDICARE (800-633-4227)

www.medicare.gov

Medicare Rx Access Network (Rx Advocacy Group)

<https://medicareaccess.org>

Medicare Rights Center

Toll-free: 800-333-4114

www.MedicareRights.org

My Medicare Matters

National Council on Aging

www.MyMedicareMatters.org

Ombudsman

A Long-Term Care Ombudsman is a specially trained advocate who seeks to resolve complaints on behalf of residents of long-term care facilities, including assisted living and skilled nursing facilities. Ombudsmen are given the authority to receive, investigate, and assist in resolving complaints on behalf of residents through federal and state law.

Pinal and Gila Counties

Pinal-Gila Council for Senior Citizens

8969 W. McCartney Rd.

Casa Grande, AZ 85194

520-836-2758

Toll-free: 800-293-9393

www.pgcsc.org

Arizona Department of Economic Security
Long-Term Care Ombudsman
1789 W. Jefferson, Mail Drop 1119
Phoenix, AZ 85007
602-364-2860
Toll-free: 866-362-2837

Prescription Assistance

Prescriptions are often expensive. Many of the drug manufacturers have private prescription assistance programs that you may qualify for. Contact them directly for information.

Prescription Assistance Programs

AIDS Drug Assistance Program
800-334-1540

Benefits Checkup
National Council on Aging
www.BenefitsCheckUp.org

Medicare Prescription Assistance
www.ssa.gov/medicare/prescriptionhelp

Partnership for Prescription Assistance – Assistance finding a prescription medication program for free or very low cost.
www.pparx.org

Pinal-Gila Council for Senior Citizens
520-836-2758 or 1-800-293-9393

State Health Insurance Assistance Program (SHIP)
Statewide hotline: 800-432-4040 (leave message)

Sun Life Family Health Center
865 N. Arizola Rd.
Casa Grande, AZ 85122
520-836-3446

TRICARE for Life (Current and retired military and their families)
1-877-363-1303
<https://tricare.mil/CoveredServices/Pharmacy>

VA Benefits
www.va.gov/healthbenefits/access/prescriptions.asp
520-836-2536 (Casa Grande VA Clinic)
520-629-4801 (Pinal County VA Clinic)

Prescription Discount Cards

GoodRx
1855-268-2822
www.goodrx.com

Statewide Prescription Assistance Program (PAP)
Free pharmacy coupon card
www.arizonarxcard.com

Prescription and Over the Counter Medication Disposal

Prescription medication should be disposed of properly. It should never be left where children might have access to it, nor should it be flushed down the toilet or thrown into a landfill where it could seep into and contaminate the water supply.

Medication drop boxes are the best place to get rid of old or unwanted medications. These drop boxes are located in many communities in Pinal and Gila counties. Addresses are listed below; please call for information and hours.

Gila County

Globe

CVS Pharmacy—928-425-5777
100 N. Broad St.

Gila County Sheriff's Office—928-425-4449
1100 South St.

Globe Police Department—928-425-5751
175 N. Pine St.

Hayden

Hayden Police Department—520-356-6205
601 Hayden Ave.

Miami

Miami Police Department—928-473-2466
740 W. Sullivan St.

Payson

Gila County Sheriff's Substation—928-474-2208
108 W. Main St.

Payson Police Department—928-474-5177
303 N. Beeline Hwy.

Peridot

San Carlos Apache Healthcare Pharmacy—928-475-1400
103 Medicine Way Rd.

Pinal County

Apache Junction

Apache Junction Police Department—480-982-8260
1001 N. Idaho Rd.

Sun Life Family Health Center—480-351-2850
2080 W. Southern Ave., Ste B-10

Arizona City

Pinal County Sheriff's Office Substation—520-866-7453
13970 S. Sunland Gin Rd.

Casa Grande

Casa Grande Police Department—520-421-8700
373 E. Val Vista Blvd.

Casa Grande Police Department—520-421-8700
520 N. Marshall St.

Healthcare Medical Waste Services—520-316-9207
1305 N. V I P Blvd.

Pinal County Sheriff's Office Substation—520-866-7419
820 E. Cottonwood Ln.

Sun Life Family Health Center—520-836-3446
865 N. Arizola Rd.

Walgreens—520-836-2787
1514 E. Florence Blvd.

Coolidge

Coolidge Police Department—520-723-5311
911 S. Arizona Blvd.

Eloy

Eloy Police Department—520-466-7324
630 N. Main St.

Sun Life Family Health Center—520-466-7883
205 N. Stuart Blvd.

Florence

Florence Fire Station & Police Substation—520-868-7511
2035 N. Hunt Hwy.

Florence Police Department—520-868-7681
425 N. Pinal St.

Pinal County Sheriff's Office—520-866-6800
971 N. Jason Lopez Cir., Bldg. C

Sun Life Family Health Center—520-868-5811
174 W. Highway 287

Gold Canyon

Pinal County Sheriff's Office Substation—520-866-6120
5750 S. Kings Ranch Rd.

Kearny

Kearny Police Department—520-363-5566
355 Alden Rd.

Mammoth

Mammoth Police Department—520-487-2347
125 S. Clark Rd.

Maricopa

Maricopa Police Department—520-316-6800
39675 W. Civic Center Plaza (bin in lobby)

Maricopa Police Department Substation
17985 N. Greythorn Dr. (bin in lobby)

Sun Life Family Health Center—520-568-2245
44572 W. Bowlin Rd.

Walmart Supercenter
41650 W. Maricopa Casa Grande Hwy (bin by pharmacy)

Oracle

Pinal County Sheriff's Office Substation—520-896-9250
1470 N. Justice Dr.

SaddleBrooke

Pinal County Sheriff's Office Substation—800-420-8689, #2 to schedule
63701 E. SaddleBrooke Blvd., Ste. C

San Manuel

Pinal County Sheriff's Office Substation—520-866-7880
28380 S. Veterans Memorial Blvd.

Sun Life Family Health Center—520-385-2234
23 McNab Pkwy.

San Tan Valley

Pinal County Sheriff's Office Substation—520-866-5280
85 W. Combs Rd., Ste. 115

Pinal County Sheriff's Office Substation—520-836-5111
40815 N. Ironwood Rd.

Superior

Superior Police Department—520-689-5255
734 W. Main St.

Property Tax Exemptions and Senior "Freeze" Programs

County Assessor Offices have various programs that may help older adults with their property taxes. Taxes may be reduced and/or temporarily protected from increases through property tax exemptions or through a senior property valuation protection program.

Gila County

Gila County Assessor's Office
1400 E. Ash St.
Globe, AZ 85501
928-402-8711

www.gilacountyaz.gov/government/assessor

Senior Freeze (applications accepted January-September 1st):

www.gilacountyaz.gov/government/assessor/senior_property_valuation_protection.php

Widow/Widower/Disabled Exemptions (applications accepted January-March 1st):

http://www.gilacountyaz.gov/government/assessor/tax_exemptions.php

Pinal County

Pinal County Assessor's Office
31 N. Pinal St., Bldg. E
Mail: PO Box 709
Florence, AZ 85132
520-866-6361 (Same # for Casa Grande office)

www.pinalcountyaz.gov/Assessor

Senior Freeze (applications accepted March 1st through September 1st, 2019):

<http://pinalcountyaz.gov/Assessor/Pages/SeniorFreeze.aspx>

Widows, Widowers, and Disabled Persons Exemption (applications accepted 1st Monday of January through last day of February):

<http://pinalcountyaz.gov/Assessor/Pages/TransfersExemptions.aspx>

Recreation Departments

Recreation departments, libraries, and various clubs in each community provide opportunities for recreational activities and social events on a regular basis. Senior Centers offer additional opportunities (see [Libraries](#) and [Senior Centers](#)).

Gila County

City of Globe
150 N. Pine St.
Globe, AZ 85501
928-425-7146

www.globeaz.gov/departments/recreation

Town of Hayden
520 Velasco Ave. (Mail: PO Box B)
Hayden, AZ 85135
520-356-7801

Town of Miami
500 W. Sullivan St.
Miami, AZ 85539
928-473-4403

www.miamiaz.gov

Town of Payson
303 N. Beeline Hwy.
Payson, AZ 85541
928-474-5242

www.paysonaz.gov

Town of Winkelman
206 Giffin Ave. (Mail: PO Box 386)
Winkelman, AZ 85192
520-356-7854

www.winkelmanaz.com

Pinal County

City of Apache Junction
300 E. Superstition Blvd.
Apache Junction, AZ 85119
480-982-8002

www.ajcity.net

City of Casa Grande Community Recreation Center
1905 N. Peart Rd.
Casa Grande, AZ 85122
520-421-8677

<https://casagrandeaz.gov/crc>

City of Coolidge
660 S. Main St.
Coolidge, AZ 85128
520-723-4551

www.coolidgeaz.com

City of Eloy
100 E. 7th St.
Eloy, AZ 85131
520-466-7351 Ext. 3
www.ci.elay.ar.us

Town of Florence
778 N. Main St. (Mail: PO Box 2670)
Florence, AZ 85132
520-868-7589
www.florenceaz.gov

Town of Kearny
912-C Tilbury Rd. (Mail: P O Box 639)
Kearny, AZ 85137
520-363-5547
www.TownofKearny.com

Town of Mammoth
125 N. Clark St. (Mail: PO Box 130)
Mammoth, AZ 85618
520-487-2331
<http://townofmammoth.us>

City of Maricopa
45145 W. Madison Ave.
Maricopa, AZ 85139
520-316-6960
www.maricopa-az.gov

Town of Queen Creek Library Recreation Annex
21802 S. Ellsworth Rd.
Queen Creek, AZ 85142
480-358-3700
www.queencreek.org/departments/parks-recreation

Rehabilitation and Disability Services

Individuals who have physical disabilities or challenges may benefit from the various programs offered to address their special needs.

There are a number of private and nonprofit agencies which provide physical rehabilitation services; these are best located using your local telephone directory or the internet.

Listed below are DES vocational rehabilitation services and Centers for Independent Living Services (CILS) for individuals who are no longer able to do the work they once did or have a disability, but are looking for help to train for a new type of work.

Gila County

DES Vocational Rehabilitation
605 S. 7th St.
Globe, AZ 85501
928- 425-3101

DES Vocational Rehabilitation
100 N. Tonto St., Ste 100
Payson, AZ 85541
928-468-9829

Pinal County

DES Vocational Rehabilitation Centers
11518 E. Apache Trl., Ste. 110 & 111
Apache Junction, AZ 85120
480-983-0427

401 N. Marshall St.
Casa Grande, AZ 85122
520-426-3529

1155 N. Arizona Blvd.
Coolidge, AZ 85128
520-723-5351

Centers for Independent Living
Ability 360
602-386-4566
<http://ability360.org>

Respite Care & Resources

Respite care is intended to give unpaid caregivers a break. It is designed to help relieve caregiver stress and burn-out.

Arizona Caregiver Coalition
888-737-7494
<http://azcaregiver.org>

National Respite Locator Service
919-490-5577
<http://archrespite.org/respitelocator>

Pinal-Gila Council for Senior Citizens
8969 W. McCartney Rd.
Casa Grande, AZ 85194-7432
520-836-2758
Toll-free: 800-293-9393

Gila County

Catholic Community Services of Southern Arizona
Gila Aging Services
809 W. Longhorn, Ste. B-15
Payson, AZ 85541
928-468-0546

Pinal County

Arbor Rose Senior Care
6033 E. Arbor Ave.
Mesa, AZ 85206
602-467-3842

Caliche Senior Living (Day Club)
1640 N. Peart Rd.
Casa Grande, AZ 85122
520-316-8041

Oakwood Creative Care (Day Club)
Town Center Location
247 N. MacDonald
Mesa, AZ 85201
480-464-1061

Oakwood Creative Care (Day Club)
Red Mountain Location
7550 E. Adobe Rd.
Mesa, AZ 85207
480-641-7644

For additional respite resources, refer to the [American Parkinson Disease Association](#) and [Veterans Assistance](#).

Senior Centers

Each Senior Center in Pinal and Gila counties is unique in the programs and services offered.

Senior Centers usually serve a noonday meal and offer a variety of social and recreational activities. Many Senior Centers offer ongoing educational and exercise programs. Many times transportation to and from the Senior Center is available.

Pinal-Gila Council for Senior Citizens has staff members in various departments who visit Senior Centers on a regular basis to provide additional assistance, such as for legal services or help with Medicare problems.

Gila County

Globe Active Adult Center
579 S. Broad St.
Globe, AZ 85501
928-425-9030

Hayden Senior Center
520 N. Velasco Ave. (Mail: PO Box B)
Hayden, AZ 85135
520-356-7035

Miami Senior Center
506 W. Live Oak St.
Miami, AZ 85539
928-473-4190

Payson Senior Center
514 W. Main St.
Payson, AZ 85541
928-474-4876

Pine-Strawberry Senior Center
Highway 87 & Randall Pl. (Mail: PO Box 1281)
Pine, AZ 85544
928-476-2151

Pinal County

Apache Junction Active Adult Center
1035 N. Idaho Rd.
Apache Junction, AZ 85119
480-474-5260

Coolidge Adult Center
250 S. 3rd St.
Coolidge, AZ 85128
520-723-4803

Dorothy Nolan Senior Center (Florence Senior Center)
330 N. Pinal St. (Mail: PO Box 2670)
Florence, AZ 85132
520-868-7622

Dorothy Powell Senior Adult Center (Casa Grande Senior Center)
405 E. 6th St.
Casa Grande, AZ 85122
520-421-8760

Eloy Adult Center
3925 N. Shira St. (Mail: 3655 W. Shedd Rd.)
Eloy, AZ 85131
520-466-3166

Kearny Senior Center
912-E Tilbury Dr.
Constitution Hall (Mail: PO Box 639)
Kearny, AZ 85137
520-363-5071

Oracle Community Center (includes senior activities)
685 E. American Ave. (Mail: PO Box 1382)
Oracle, AZ 85623
520-896-9326

San Manuel Senior Center
210 S. Avenue A
San Manuel, AZ 85631

Superior Senior Center
360 W. Main St.
Superior, AZ 85173
520-689-5182

Social Security

Two of the most important programs for older adults are Social Security for income and Medicare for health, hospitalization and prescriptions. Pinal-Gila Council for Senior Citizens has counselors trained to help you understand your options under both of these programs. (Also see [Medicare and Benefit Assistance](#))

Pinal-Gila Council for Senior Citizens
8969 W. McCartney Rd.
Casa Grande, AZ 85194-7432
520-836-2758
Toll-free: 800-293-9393
www.pgcsc.org

Social Security Administration
Toll-free: 800-772-1213 M-F 7am to 7pm
www.ssa.gov

Field Offices:

Apache Junction Social Security Office
253 W. Superstition Blvd.
Apache Junction, AZ 85120
866-964-7417

Casa Grande Social Security Office
1637 E. Monument Plaza Cir., Ste. 2
Casa Grande, AZ 85122
877-405-0403

Globe Social Security Office
1405 E. Ash St.
Globe, AZ 85501
1-800-772-1213

Support Groups and Self-Help Groups

These groups bring together individuals who are experiencing similar types of problems. Many times, a professional may lead or be part of the group. Groups may help individuals cope with an illness, bereavement or other challenging life experience.

Alcoholics Anonymous (AA) and Al-Anon

Alcoholics Anonymous
(For dates, times and locations of meetings)
24-Hour Help Line: 602-264-1341
www.aaphoenix.org

Alzheimer's/Dementia Support Groups

For information, call:
Pinal-Gila Council for Senior Citizens
520-836-2758
Toll-free: 800-293-9393

Arizona City

1st Tuesday of each month, 1:00 – 2:30 p.m.
Living Hope Community Church
13270 S. Sunland Gin Rd.
Arizona City, AZ 85123

Casa Grande

4th Wednesday of each month, 1:00 – 2:30 p.m.
Caliche Senior Living
1640 N. Peart Rd.
Casa Grande, AZ 85122

Florence

2nd Thursday of each month, 10:00 – 11:30 a.m.
Dorothy Nolan Senior Center
330 N. Pinal St.
Florence, AZ 85132

Globe

2nd Tuesday of each month, 12:15 – 1:45 p.m.
Globe Active Adult Center
579 S. Broad St.

Maricopa

2nd Wednesday of each month 10:00 – 11:30 a.m.
Copper Sky Rec. Complex, Meeting Room A
44345 W. Martin Luther King Blvd.

Payson

1st and 3rd Wednesdays of each month, 1:30 – 3:00 p.m.
Payson Senior Center
514 W. Main St.
Contact Mary Cailey for additional information: 928-474-3560

San Manuel

3rd Wednesday of each month, 10:00 – 11:30 a.m.
Sun Life Family Health Center—Resource Room
23 S. McNab Pkwy
(October through April only)

Bereavement Support and Counseling

Compassus—Payson
928-238-3211

Compassus—Casa Grande
1675 E. Monument Plaza Cir.
Casa Grande, AZ 85122
520-494-3830

Hospice Family Care
520-233-6116

Cancer Support Groups

American Cancer Society
(For dates, times and locations of meetings)
Phoenix Office: 602-224-0524
Toll-free: 800-227-2345
www.cancer.org

Caregiver Support

Arizona Caregiver Coalition
Caregiver Resource Line: 888-737-7494
www.azcaregiver.org

Domestic Abuse/Violence

Against Abuse, Inc.
Casa Grande, AZ: 520-836-1239
24-Hour Crisis Hotline: 520-836-0858
www.against-abuse.org

Community Alliance Against Family Abuse
Apache Junction, AZ
Help Line: 480-982-0196
www.caafaaz.org

Gambling Addiction

Arizona Office of Problem Gambling
Toll free: 800-639-8783
<https://problemgambling.az.gov>

Gamblers Anonymous
Phoenix hotline: 602-266-9784
www.GamblersAnonymous.org

Narcotics Addiction

Arizona Region of Narcotics Anonymous
Meeting locations and information
www.arizona-na.org

Tax Assistance (Income Tax)

There is free help available for older adults as well as homebound older adults to complete and file their federal and state income tax returns. Assistance is available in almost every city and town in Arizona, primarily through volunteers who pitch in to help out. Dates, times and locations for tax help change every year. During tax season, the following organizations will have free tax help information.

IRS Tax Information for Seniors
www.irs.gov/individuals/seniors-retirees

United Way of Pinal County
www.myfreetaxes.com

Volunteer Income Tax Assistance (VITA)
800-906-9887

AARP TCE Tax-Aide Sites (Tax Counseling for the Elderly)
888-227-7669
www.aztax-aide.org

Telephone Assistance

The Telephone Assistance Program (TAP) provides for the monthly basic phone rate and assistance with installation costs for low-income persons with a medical need. For more information call 1-800-582-5706.

Emergency cell phones are available through local law enforcement agencies.

Arizona Lifeline Information – Lifeline provides subscribers a discount on monthly telephone service purchased from participating providers in the marketplace.
www.phone-bill-assistance.com/lifeline/AZ

Telephone Reassurance

Provides a friendly phone call each morning to check on the well being of individuals who have requested this service.

Casa Grande Police Department Senior Phone Patrol
Volunteer Services Center
520-421-8711, ext. 6140

City of Maricopa You Are Not Alone (YANA) Program
520-316-6800, ext. 1234

TRIAD
Pinal County Attorney's Office Community Liaison
Nancy Larsen (Community Liaison) at 520-866-6945

Transportation

Many of the Senior Centers in Pinal and Gila counties offer at least limited transportation assistance. They can usually provide rides to and from Senior Centers and, at times, they can provide rides to shopping, medical appointments and recreational events. Specialized transportation assistance is available in some communities. (See [Senior Centers](#) for the Senior Center in your area)

Gila County

Globe / Miami

Cobre Valley Community Transit
928-473-8222

Hayden / Winkelman

On the Go Express (Medical appointments, grocery shopping for non-AHCCCS clients)
1-800-208-6897, Ext. 4508

Payson

Mountain Valley Shuttle
928-537-4539

San Carlos/Safford/Globe

San Carlos Nnee Bich'o Nii Transit Services
928-475-5023/5024

Pinal County

Apache Junction

Apache Junction Ride Choice (Reimbursement for taxi – call for details)
480-474-5260

Coolidge

Cotton Express
520-723-7195

Coolidge to Neighboring Communities

Central Arizona Regional Transit (CART)
520-723-7195

Kearny / Mammoth / Oracle / SaddleBrooke / San Manuel / Superior

On the Go Express (Medical appointments, grocery shopping for non-AHCCCS clients)
1-800-208-6897, Ext. 4508

Maricopa

City of Maricopa Express Transit (COMET)
520-316-6959

<http://www.maricopa-az.gov/web/living/travel-transportation>

Medical Only

Patient Travel Referral (Charitable Long distance Medical Transportation)

Fax: 800-550-1767

www.patienttravel.org

TRIAD

A partnership of the Pinal County Sheriff's Office, the Pinal County Attorney's Office and volunteers, TRIAD works to identify areas of concern for senior citizens and concentrates on finding solutions. Several communities within Pinal County have a TRIAD in place. Programs may include, but are not limited to:

Home Alone Units. Volunteers install a pendant system in the home that can be activated for an emergency call in case the person is unable to reach the phone.

Lock Boxes. Lock boxes are available for those who would like emergency responders to have access to their homes in an emergency. They are often given out in conjunction with the Home Alone Unit.

Refrigerator Medical Cards. This is a medical information form printed on two sides of a yellow card the size of a half sheet of paper. It is placed on the front of the refrigerator and, in an emergency, provides first responders or emergency medical personnel with essential information.

The Pinal County Attorney's Office Community Liaison can direct you to a TRIAD in your area: 520-866-6271 (ask for Community Liaison)

Unemployment

AZ Unemployment Insurance Call Center (8am-5pm)
Toll-free: 877-600-2722

DES/Arizona@Work
318 N. Florence St.
Casa Grande, AZ 85122
520-866-3600
<https://arizonaatwork.com>

Arizona@Work
100 Tonto St., Ste. 100
Payson, AZ 85541
928-468-9840

Arizona@Work
5515 S. Apache Ave., Ste. 200
Globe, AZ 85501
928-402-8549

United Fund Giving and Support

United Way of Pinal County
520-836-0736
<http://unitedwayofpc.org>

United Fund of Globe-Miami, Inc.
928-961-3620
www.ufglobemiami.com

Utility Assistance

Some utility companies may provide assistance in limited situations. Contact your local utilities for information. The Community Action Programs can also provide utility assistance and are listed below:

Gila County

Gila County Community Services Division
5515 S. Apache Ave., Ste. 200
Globe, AZ 85501
928-425-7631

Gila County Community Action Program
107 W. Frontier, Ste. C
Payson, AZ 85541
928-474-1759

Pinal County

Community Action Human Resources Agency (CAHRA)
109 N. Sunshine Blvd.
Eloy, AZ 85131
520-466-1112

Veterans Assistance

Nationwide

National Homeless Veterans Resource Line
877-424-3838

U.S. Department of Veterans Affairs
<https://www.va.gov>

Veterans Crisis Line: 1-800-273-8255, press 1
www.veteranscrisisline.net

VA Family Caregiver Program
https://www.caregiver.va.gov/support/support_benefits.asp
Toll free Caregiver Support Line: 855-260-3274

Statewide

American Legion Office
3333 N. Central, Suite 1048
Phoenix, AZ 85012
602-627-3284

Arizona Army National Guard HQ
5636 E. McDowell Rd. Bldg. M5101
Phoenix, AZ 85008
602-267-2700

Arizona Coalition for Military Families
602-753-8802
www.arizonacoalition.org

The Arizona Department of Veterans' Services (ADVS)
3839 N. 3rd St.
Phoenix, AZ 85012
602-255-3373
<https://dvs.az.gov/services/resources>

Be Connected Program
866-4AZ-VETS (866-429-8387)
<https://beconnectedaz.org>

Coaching into Care VA Family Call Center
(Provides coaching to family and friends of Veterans who see that a Veteran in their life may be having difficulty adjusting to civilian life.)
888-823-7458
<https://www.mirecc.va.gov/coaching>

Eloy Veterans Center
316 N. Main St.
Eloy, AZ 85131
520-423-4255

Phoenix VA Health Care System
650 E. Indian School Rd.
Phoenix, AZ 85012
602-277-5551/toll-free: 800-554-7174

Science Care Body Donation Veterans Program
Veterans Burial Benefits
21410 N. 19th Ave., Ste 126
Phoenix, AZ 85027
800-417-3747
www.sciencecare.com

Southern Arizona VA Health Care System
3601 S. 6th Ave.
Tucson, AZ 85723
520-792-1450/toll free: 800-470-8262

Gila County

Arizona Department of Veterans' Services—2nd Tuesday, 8am-3:30pm, walk-in
5860 S. Hospital Dr., Ste. 111
Globe, AZ 85501

Arizona Department of Veterans' Services—2nd Thursday, 9am-3pm
807 W. Longhorn Rd.
Payson, AZ 85541
602-627-3267

Northern Arizona Veterans Resource Center
1515 E. Cedar Ave., Ste. A-5
Flagstaff, AZ 86004
928-266-1984

Veterans Helping Veterans
212 W. Wade Ln.
Payson, AZ 85541
928-474-3920

Pinal County

Arizona Department of Veterans' Services—Monday-Wednesday, 8am-3:30pm
318 N. Florence St., Ste. A
Casa Grande, AZ 85122
520-510-5142

Arizona Department of Veterans' Services—Thursday-Friday, 8am-3:30pm
17945 N. Regent Dr., Bldg. A, Room 110
Maricopa, AZ 85138
520-510-5142

Casa Grande Community Based Outpatient Clinic
(Primary Care Services for Veterans)
1876 E. Sabin Dr., Bldg. A, Ste. 15
Casa Grande, AZ 85122
520-836-2536
www.tucson.va.gov/locations/CasaGrande.asp

Pinal County VA Clinic
1179 E. Cottonwood Ln.
Casa Grande, AZ 85122
520-629-4801

Volunteer Opportunities and Programs

There are many volunteer opportunities for older adults who want to stay active and contribute to the community. Interested volunteers may contact the following:

Gila County

Pinal-Gila Council for Senior Citizens
8969 W. McCartney Rd.
Casa Grande, AZ 85194
520-836-2758 or
Toll free: 800-293-9393

Pinal County

Big Brothers Big Sisters of Central Arizona
4745 N. 7th St., Ste. 210
Phoenix, AZ 85014
602-264-9254
www.bbbsaz.org/volunteer

Community Action Human Resources Agency (CAHRA)
109 N. Sunshine Blvd.
Eloy, AZ 85131
520-466-1112

Pinal-Gila Council for Senior Citizens
8969 W. McCartney Rd.
Casa Grande, AZ 85194
(520) 836-2758 or
Toll free: 800-293-9393
www.pgcsc.org

East Valley RSVP (Retired & Senior Volunteer Program)
www.volunteermatch.org/search/org43053.jsp

United Way of Pinal County
520-836-0736
www.UnitedWayofPC.org

Voting Information

Elected officials make changes to programs and services based on what they think is important to the people they represent. The MOST influential individuals are REGISTERED VOTERS. It is important to REGISTER and to VOTE!

Now voting from home is easier than ever by requesting a mail-in ballot or by requesting to be on the permanent mail-in ballot list.

Arizona Secretary of State (election & voting information, resources & results)
602-542-8683
Toll-free: 877-843-8683
www.azsos.gov/elections

VOTER QUALIFICATIONS – YOU MUST:

Be a United States citizen

Be a resident of Arizona and the county listed on your registration

Be 18 years of age or older on or before the day of the next regular General Election

ALSO:

You cannot have been convicted of a felony and not yet had your civil rights restored

You cannot have been adjudicated incompetent

TO REGISTER TO VOTE:

- **Online registration**

Website: www.servicearizona.com (select voter registration)

- **Print a form:** https://azsos.gov/sites/default/files/voter_registration_form.pdf.

Complete, sign and mail form as noted on instructions.

- **By mail:** You may contact the County Recorder's Office listed below for your area and request that a voter registration form be mailed to you.

- **In person:** You may visit the County Recorder's Office in the county in which you are a legal resident and complete a voter registration form.

Gila County Recorder

1400 E. Ash St.
Globe, AZ 85501
928-402-8731

Pinal County Recorder

31 N. Pinal St., Bldg. E
Florence, AZ 85132
520-866-6830

Whole Body Donation

No-cost whole body donation can help advance medical technology, training, and education, and may lead to new disease treatment options, better patient outcomes, and advanced surgical procedures. Please check to confirm sign-up requirements and any fees that may apply.

Research for Life
2230 E. Magnolia St.
Phoenix, AZ 85034
800-229-3244
<http://researchforlife.org>

Science Care Body Donation (includes a Veterans program)
21410 N. 19th Ave., Ste 126
Phoenix, AZ 85027
800-417-3747
www.sciencecare.com

United Tissue Network
3620 E. Wier Ave.
Phoenix, AZ 85040
877-738-6111
<https://unitedtissue.org>

Willed Body Program – College of Medicine Tucson
University of Arizona Health Sciences
PO Box 245045
Tucson, AZ 85724
520-626-6083
<https://bodydonation.med.arizona.edu>

Appendix A – National Organization Websites and Toll-Free Numbers

- Alzheimer’s Association
Toll-free: 800-272-3900
www.alz.org
- American Autoimmune Related Diseases Association
Toll-free: 800-598-4668
www.aarda.org
- American Cancer Society
Toll-free: 800-227-2345
www.cancer.org
- American Diabetes Association
Toll-free: 800-DIABETES (800-342-2383)
www.diabetes.org
- American Foundation for AIDS Research
www.amfar.org
- American Heart Association
Toll-free: 800-242-8721
www.heart.org
- American Kidney Fund
Toll-free: 800-638-8299
www.kidneyfund.org
- American Liver Foundation
Toll-free: 800-465-4837
www.liverfoundation.org
- American Lung Association
Toll-free: 800-586-4872
www.lungusa.org
- American Parkinson Disease Association
Toll-free: 800-223-2732
www.apdaparkinson.org
Arizona Chapter—520-326-5400
www.apdaarizona.org
- American Stroke Association
Toll-free: 888-4-STROKE (888-478-7653)
www.strokeassociation.org
- American Tinnitus Association
Toll-free: 800-634-8978
www.ata.org
- ALS Association (Amyotrophic Lateral Sclerosis)
Toll-free: 800-782-4747
www.alsa.org

- Arizona Council on Compulsive Gambling
Helpline: 1-800-777-7207
www.azccg.org
- Arthritis Foundation
Toll-free: 844-571-HELP
www.arthritis.org
- Asthma & Allergy Foundation of America
Toll-free: 800-7-ASTHMA (800-727-8462)
www.aafa.org
- Prevent Cancer Foundation
Toll-free: 800-227-2732
<http://preventcancer.org>
- CHADD
(Children and Adults with Attention-Deficit/Hyperactivity Disorder)
Toll-free: 800-233-4050
www.chadd.org
- Crohn's & Colitis Foundation
Toll-free: 800-932-2423
<http://www.crohnscolitisfoundation.org>
- Cystic Fibrosis Foundation
Toll-free: 800-FIGHT-CF (800-344-4823)
www.cff.org
- Easterseals
Toll-free: 800-221-6827
www.easterseals.com
- Epilepsy Foundation
Toll-free: 800-332-1000
www.epilepsy.com
- Foundation Fighting Blindness
Toll-free: 800-683-5555
www.blindness.org
- Huntington's Disease Society of America
Toll-free: 800-345-HDSA (4372)
<http://hdsa.org/>
- Kidney Cancer Association
Toll-free: 800-850-9132
www.kidneycancer.org
- Leukemia & Lymphoma Society
Toll-free: 800-955-4572
www.lls.org
- Lupus Foundation of America
Toll-free: 800-558-0121
www.lupus.org

- March of Dimes
www.marchofdimes.org
- Myasthenia Gravis Foundation of America
Toll-free: 800-541-5454
www.myasthenia.org
- Myositis Association
Toll-free: 800-821-7356
www.myositis.org
- National Bone Health Alliance
Toll-free: 855-742-8179
www.nbha.org
- National Down Syndrome Society
Toll-free: 800-221-4602
www.ndss.org
- National Hemophilia Foundation
Toll-free: 800-424-2634
www.hemophilia.org
- Mental Health America (MHA)
Toll-free: 800-969-6642
www.mentalhealthamerica.net
- National Asian Pacific Center on Aging
206-624-1221
www.napca.org
- National Caucus & Center on Black Aging
202-637-8400
<https://ncba-aging.org>
- National Hispanic Council on Aging
202-347-9733
www.nhcoa.org
- National Indian Council on Aging
505-292-2001
<https://nicoa.org>
- National Multiple Sclerosis Society
Toll-free: 800-344-4867
www.nationalmssociety.org
- National Organization for Rare Disorders
Toll-free: 800-999-6673
www.rarediseases.org
- National Psoriasis Foundation
Toll-free: 800-723-9166
www.psoriasis.org
- National Resource Center on LGBT Aging
212-741-2247
www.lgbtagingcenter.org

- National Sleep Foundation
www.sleepfoundation.org
- Osteogenesis Imperfecta Foundation
Toll-free: 844-889-7579
www.oif.org
- CurePSP
Toll-free: 800-457-4777
www.psp.org
- Sjogren's Syndrome Foundation
Toll-free: 800-475-6473
www.sjogrens.org
- Spina Bifida Association
Toll-free: 800-621-3141
<http://spinabifidaassociation.org>
- Tourette Association of America
Toll-free: 888-486-8738
www.tourette.org
- Tuberous Sclerosis Alliance
Toll-free: 800-225-6872
www.tsalliance.org
- United Ostomy Associations of America
Toll-free: 800-826-0826
www.ostomy.org
- United Cerebral Palsy
Toll-free: 800-872-5827
www.ucp.org

Appendix B – Must-Have Documents for Caregivers

***List of Doctors**

This list will help caregivers to immediately access the health care team. It should include the doctor's name, address, phone number, e-mail address, and reasons the care recipient is seeing this doctor.

***Weekly Medication Chart**

Medication errors can be reduced and medications are more likely to be taken on schedule when a chart is developed and kept, listing all prescriptions, over-the-counter medications, herbal treatments, and vitamin supplements, along with when each is taken, and the assigned dosage.

***Caregiver's Log**

Many times various relatives and loved ones provide caregiving in shifts. Included is a helpful form for when information needs to be shared.

***Personal Health History**

A chart is included that will help when taking your loved one to visit their doctor. It can help the doctor decide on medications and treatments needed.

List of Doctors

Doctor's Name:	
Street Address:	Phone Number:
City, State, Zip:	Email:
Condition being treated:	

Doctor's Name:	
Street Address:	Phone Number:
City, State, Zip:	Email:
Condition being treated:	

Doctor's Name:	
Street Address:	Phone Number:
City, State, Zip:	Email:
Condition being treated:	

Doctor's Name:	
Street Address:	Phone Number:
City, State, Zip:	Email:
Condition being treated:	

Doctor's Name:	
Street Address:	Phone Number:
City, State, Zip:	Email:
Condition being treated:	

Doctor's Name:	
Street Address:	Phone Number:
City, State, Zip:	Email:
Condition being treated:	

Weekly Medication Chart

It is important to keep track of your loved one's medication when caregiving or sharing caregiving with others. This chart should help.

1. Complete a new chart weekly.
2. Each section is for one medication. Transfer the name from each prescription container to the space in the first row.
3. In the second row enter the dosage and the time or how often each day the medication should be taken.
4. In the third row write the size, shape, and color of the pill.
5. When your loved one takes a medication, place an "X" in the box for the day of the week. If your loved one takes a medication more than once a day, mark an "X" each time.

Weekly Medication Chart

Name of Medication:

Dosage:

How Often:

Description (size/shape/color):

Sun ☐ Mon ☐ Tue ☐ Wed ☐ Thu ☐ Fri ☐ Sat ☐

Name of Medication:

Dosage:

How Often:

Description (size/shape/color):

Sun ☐ Mon ☐ Tue ☐ Wed ☐ Thu ☐ Fri ☐ Sat ☐

Name of Medication:

Dosage:

How Often:

Description (size/shape/color):

Sun ☐ Mon ☐ Tue ☐ Wed ☐ Thu ☐ Fri ☐ Sat ☐

Name of Medication:

Dosage:

How Often:

Description (size/shape/color):

Sun ☐ Mon ☐ Tue ☐ Wed ☐ Thu ☐ Fri ☐ Sat ☐

Name of Medication:

Dosage:

How Often:

Description (size/shape/color):

Sun ☐ Mon ☐ Tue ☐ Wed ☐ Thu ☐ Fri ☐ Sat ☐

Name of Medication:

Dosage:

How Often:

Description (size/shape/color):

Sun ☐ Mon ☐ Tue ☐ Wed ☐ Thu ☐ Fri ☐ Sat ☐

Caregiver's Log

Many times various relatives and loved ones provide care- giving in shifts. This form may be useful for those times when information should be shared.

Caregiver Name: _____

I cared for _____

From _____ to _____

Food (list food eaten and times)	
Medications (list medication doses and times)	
Activities Enjoyed	
Sleep/Energy Level	
Pain or Discomfort	

List any other concerns for new caregiver to follow-up with:

Personal Health History

A chart such as this will help when taking your loved one to visit their doctor. It can help the doctor decide on medications and treatments needed.

Hospitalizations

Hospital	Condition	Date (s)

Surgeries

Hospital	Surgery for	Date (s)

Illnesses

Illness	Treatment	Date (s)

Medications Taken

Medication	Dosage	Began taking date(s)

Allergies:

Health Care Providers:

Provider	City	Phone

Major Health Conditions of Immediate Family Members:

-
-
-

For other very helpful caregiver checklists and forms, go to these websites:

www.caregiverslibrary.org

Examples of other checklists and forms available free online at

<http://www.caregiverslibrary.org/caregivers-resources/grp-checklists-forms.aspx>

- Caregiving Decision Questionnaire
- Driving Assessment Checklist
- Needs Assessment Worksheet
- Home Modification Checklist
- Nursing Home Checklist
- Medical Appointment Tracking Form
- Caregivers Document Organizer
- Personal Record Tracking Form
- Payment Options Form to Compare Medicare and Supplemental Insurance Coverage
- Health Insurance Coverage Decision Chart
- Choosing the Right Doctor Checklist

www.caregiverresource.net

www.caregiver.com

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“Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Pinal-Gila Council for Senior Citizens prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Pinal-Gila Council for Senior Citizens must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities. For example, this means that if necessary, Pinal-Gila Council for Senior Citizens must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that Pinal-Gila Council for Senior Citizens will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in alternative format or for further information about this policy please contact: Olivia Guerrero at 520-836-2758 or 1-800-293-9393. Para obtener este documento en otro formato u obtener información adicional sobre esta política, Olivia Guerrero a 520-836-2758 o 1-800-293-9393.”



PGCSC is a proud member of the United Way of Pinal County.

Notes

CHAMMP Prevention Coalition

**Serving older adults and caregivers
throughout Pinal County**

**Coalition to improve
Health & increase
Awareness of
Medication
Management Through
Prevention**



Mission Statement: "To eliminate health problems or deaths associated with misuse or abuse of medications in the senior population and families of Pinal County."

Vision Statement: "CHAMMP is a coalition educating the senior population of Pinal County in proper medication storage, usage, and disposal, resulting in safer communities for all ages."



Important Telephone Numbers

In the event of a true emergency, call 911	911
Adult Abuse Hotline (Arizona Adult Protective Services) Statewide	1-877-SOS-ADULT (1-877-767-2385) (TDD: 877-815-8390)
Child Abuse Hotline (Arizona Department of Child Safety) Statewide	1-888-SOS-CHILD (1-888-767-2445)
National 24-Hour Domestic Violence Hotline	1-800-799-7233 (TTY: 1-800-787-3224)
Empact Suicide Prevention Center—24-hour	1-866-205-5229
National Suicide Prevention Lifeline—24 hours/7 days a week	1-800-273-8255
Arizona Poison and Drug Information Center (University of Arizona)	1-800-222-1222
Arizona Caregiver Resource Line	1-888-737-7494
Gila County Crisis Line Steward Health Choice Arizona	1-877-756-4090
Pinal County Crisis Line Arizona Complete Health	1-866-495-6735

Important reference numbers taken from AZLinks.gov.

Pinal-Gila Council for Senior Citizens
Area Agency on Aging, Region V
8969 W McCartney Road
Casa Grande, AZ 85194
www.pgsc.org



Multipurpose Senior Centers

Directly provide recreational activities, educational speakers, transportation, congregate meals, medical screening and nutrition education. Call Centers for hours of operation, information, and meal reservations.

Apache Junction Active Adult Center

1035 N. Idaho Road
Apache Junction, AZ 85119
480-474-5260

Coolidge Adult Center

250 S. Third Street
Coolidge, AZ 85128
520-723-4803

Dorothy Nolan Senior Center

330 N. Pinal Street
Florence, AZ 85132
520-868-7622

Dorothy Powell Senior Adult Center

405 E. 6th Street
Casa Grande, AZ 85122
520-421-8760

Eloy Adult Center

3925 N. Shira Street
Eloy, AZ 85131
520-466-3166

Globe Active Adult Center

579 S. Broad Street
Globe, AZ 85501
928-425-9030

Hayden Senior Center

520 N. Velasco Avenue
Hayden, AZ 85135
520-356-7035

Miami Senior Center

506 W. Live Oak Street
Miami, AZ 85539
928-473-4190

Payson Senior Center

514 W. Main Street
Payson, AZ 85541
928-474-4876

Superior Senior Center

360 W. Main Street
Superior, AZ 85541
520-689-5182